10th ANNUAL

GEORGIA SCHOOL OF ADDICTION STUDIES

Celebrating the Journey: Prevention, Treatment, and Recovery

August 29 - Sept. 2, 2016
Hyatt Regency, Savannah, GA
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PLEASE REMEMBER TO...
- Keep name badges accessible for scanners
- Arrive to sessions at the scheduled times
- Silence cell phones during all sessions

Welcome to Savannah
Welcome Letter

Dear Colleagues,

It is with great pride that I welcome you to the 10th Annual Georgia School of Addiction Studies and the beautiful city of Savannah. The Georgia School Board is very excited to hit the milestone of our 10th year. The twenty five agencies and organizations that make up the Georgia School of Addiction Studies Board have worked diligently over the last decade to ensure that Georgia’s prevention, treatment, and recovery workforce receives the best quality training and skills development in the country. Over the years we have offered approximately 700 workshops focusing on substance abuse, mental health, adult and juvenile justice, and many other topics.

Our theme this year is Celebrating the Journey: Prevention, Treatment, and Recovery. As we have done so over the last ten years we have put together a program that offers workshops that are both thought-provoking and needed to meet licensing and certification needs. However this year we are doing it with celebration in mind and with a focus on moving into the second decade of a great school of addictions studies.

We are very excited to have Dr. Drew Pinsky as the keynote speaker this year. Dr. Drew is a practicing physician, Board Certified in Internal Medicine, Board Certified in Addiction Medicine. Pinsky is also Assistant Clinical Professor of Psychiatry at the Keck USC School of Medicine. Pinsky starred in the hit reality series Celebrity Rehab with Dr. Drew which chronicled the struggle for sobriety and the cycle of addictive disorders of a group of celebrities. The sixth installment of the series Rehab with Dr. Drew followed the real-life experiences of everyday people who are struggling with addiction as they undergo detoxification and treatment.

In December 2010 Dr. Drew Pinsky joined HLN as the host of his own nightly show Dr. Drew On Call where he continues to attract audiences and explores what makes people do what they do. Dr. Drew is also the host of the nationally syndicated radio show Loveline where he has been taking calls from listeners about love, sex, and relationships for over twenty five years.

We encourage you to take advantage of the amazing networking opportunities that this conference affords and develop those relationships that will last for years. Please make sure to take time to visit our exhibitor tables and learn about the different prevention, treatment, and recovery resources available in Georgia. We would also encourage you to participate in one or all of the scheduled events and even take some time to enjoy one of the most beautiful cities in the nation.

On behalf of the Board of Directors, THANK YOU for your continued dedication and support of the Georgia School and we look forward to an excellent week.

Sincerely,

Miguel Fernandez
President, Georgia School of Addiction Studies
Georgia School Board

Alcohol and Drug Certification Board of GA
Jane Furtner, LCSW, CAADC, CCS, CCDP-D
Kelly Moselle, MS, MA, CADC II

Athens Technical College- Social Work Assistant Program
Betty Watts, LMSW

Criminal Justice Coordinating Council
Aisha Ford
Robert Thornton
Jay Neal

Georgia Addiction Counselors Association
Danny Hawkins, NCACII, CACII

Georgia Association of Community Service Boards
Gina Hutto, LPC, MAC, CCDP-D, CCJP, GSAS Secretary

Georgia Association of Recovery Residences
Debra Dantzler, PhD, LPC, NCC, CPCS

Georgia Council on Substance Abuse
Neil Campbell, MS

Georgia Department of Behavioral Health and Developmental Disabilities - Office of Addictive Diseases
Cassandra Price, GCADC-II, MBA
Kristal Davidson, MA, NCC
Scott Dunbar, D. Min., MAC, ICCPD
Yomi Makanjoula
Prince Malcolm Moorman, NCAC-I, CAC-II, CCS
Von Wrighten, M.Div., MAC, CACII, CCS

Georgia Department of Behavioral Health and Developmental Disabilities - Office of Behavioral Health Prevention
Travis Fretwell, MAC, CAC II
Donna Dent, MISM, MS, ICPS

Georgia Department of Community Supervision
Sherri Bloodworth, CADC II

Georgia Department of Corrections
Antonio M. Johnson, MS, LPC, NCC, CADC, CCDP-D

Georgia Department of Education
Marilyn O. Watson, M. Ed.

Georgia Department of Juvenile Justice
Miguel Fernandez, LCSW, CADC, GSAS President
Christopher Wood, ICPS, GSAS Parliamentarian
John Izzo, LPC, CCDP-D

Heritage Foundation
Nicole Gatlin, MS, LPC, CRC, MAC, SAP, CCS

Kennesaw State University- Center for Young Adult Addiction and Recovery
Elizabeth Lang, MA

Licensed Professional Counselors Association of Georgia
Gale Macke, LPC

Mercy Care
Ronald White, CARES

National Association of Social Workers- GA
Davine Sparks-Ricks, Ph.D., LCSW

Penfield Christian Homes
Matt McUmber, LCSW, CADC II

Prevention Credentialing Consortium of Georgia
Jessica Andrews-Wilson, MS, ICPS

Recovery Place
Frank Barker, LPC, GSAS Treasurer

Southeast Addiction Technology Transfer Center
Dawn Tyus, M.Ed.

Turning Point—New Directions for Families

Thank you to all our Board Members for their dedication and service to the Georgia School.
Overview

The 10th Annual Georgia School offers a unique opportunity for professional development, information exchange, and networking. It is designed to address the need for knowledge and skill development through advanced training and will begin on Monday, August 29, at 8:00 a.m. and end on Friday, September 2, at 12:30 pm. The Georgia School grew from many years of experience with and support of the Southeastern School of Alcohol and Drug Studies, which was among the oldest existing regional training events of its kind. The Georgia School will continue to faithfully listen to the needs of participants and diligently work to create a positive learning environment that has been an important part of the training of thousands of substance abuse prevention and treatment professionals.

Registration

Please register early—space is limited! You can view the full announcement and register at www.thegeorgiaschool.org Below are the full week registration fees and registration dates.

- Early Registration: June 1st–June 30th $460
- Registration: July 1st–August 12th $499
- Late Registration: August 13th–August 26th $545
- On-Site Registration: $545

Partial week registrations are also available; 3-day/$375, 2-day/$275, and 1-day/$175.

When registering please make sure you review the workshops carefully so that your workshops do not overlap one another. There are a variety of multiple and single day workshops being offered—all workshops must be taken in full in order to receive CEU credit. If you register for the multiple day workshops or the 6 hour workshops you may not take a 3 hour workshop on the same day. You may make changes to your workshop selections after completing the registration process—deadline for making changes is Saturday, August 1, 2016.

For inquiries related to registration, please e-mail treatment@thegeorgiaschool.org

Continuing Education Hours

Application has been made for CE hours through the Alcohol and Drug Certification Board of GA (ADACB-GA); Georgia Addiction Counselors Association (GACA); Licensed Professional Counselors Association of GA; National Association of Social Workers of GA. Specific participant attendance records will be executed at the end of each workshop segment to support the award of individual CE hours certificates.

Application will also be made for credit hours through the Prevention Credentialing Consortium of Georgia (PCCG).
Overview

Food Service

Registered participants will have continental breakfast each day, assorted snacks and refreshments throughout the day and lunch on Monday and Thursday. Be sure to look for our hot breakfast on Friday morning. For those with special dietary needs please indicate this on your registration.

Lodging

Please make your reservations as soon as possible. A limited number of rooms are being held for the Georgia School at the Hyatt Regency (2 West Bay Street, Savannah, GA) at the rate of $148 plus tax for single or double occupancy. **August 1, 2016 is the deadline for reserving your lodging at this rate.**

For reservations you may use the Georgia School website, [www.thegeorgiaschool.org](http://www.thegeorgiaschool.org) Click on the Hotel Reservations link on the home page. You may also make reservations via telephone by calling the Hyatt reservation line at 888-421-1442.

Please Note: If you are not staying at the Hyatt Regency you will be charged a **$28 per day fee** to park at the hotel. Guests staying at the hotel will receive free parking. Also be aware that there is no self-parking, only valet service.

Workshop Tracks/Domains

This year we are introducing treatment tracks and prevention domains to assist you with workshop selection. You will see treatment track abbreviations and prevention domain numbers after some of the workshop descriptions. Please use the key below to interpret these abbreviations and numbers.

<table>
<thead>
<tr>
<th>Treatment Tracks:</th>
<th>Prevention Domains:</th>
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<td>CS</td>
<td>Domain 1: Planning and Evaluation</td>
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<td>E</td>
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<td></td>
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Those workshops listed as Prevention Core Courses are the core workshops that are required for prevention certification.

Information regarding prevention certification and prevention domains can be found at [www.pcc-ga.org](http://www.pcc-ga.org)
Dr. Drew Pinsky

Trusted Health and Wellness Advocate and Host of Dr. Drew on Call on HLN

Dr. Drew Pinsky is a practicing physician, Board Certified in Internal Medicine, Board Certified in Addiction Medicine. Pinsky is also Assistant Clinical Professor of Psychiatry at the Keck USC School of Medicine.

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Additionally, Pinsky hosts the Dr. Drew Podcast, which is currently the #1 health podcast on iTunes. Dr. Drew also co-hosts the Adam and Dr. Drew Podcast with his former Loveline co-host Adam Carolla. Most recently, Dr. Drew began hosting KABC’s Dr. Drew Live Midday with Mike Catherwood which officially launched January 2015.

Pinsky is the author of the New York Times bestseller The Mirror Effect: How Celebrity Narcissism is Seducing America (Harper-Collins) and Cracked: Putting Broken Lives Together Again (Harper-Collins). Dr. Drew co-authored the first academic study on celebrities and narcissism. The study was published in the Journal of Research in Personality (Elsevier) and received worldwide press coverage.

Dr. Pinsky received his undergraduate degree from Amherst College and his M.D. from the University of Southern California, School of Medicine, where he remained for his residency. Pinsky then became chief resident at Huntington Hospital in Pasadena. He is a diplomat of the American Board of Addiction Medicine and the American Board of Internal Medicine. He has been appointed to the Alpha Omega Alpha Honor Medical Society and is a Fellow with the American College of Physicians (FACP). Dr. Drew is also a member of the board for the Prostate Cancer Foundation.

Pinsky lives in Pasadena, California with his wife Susan and has triplets attending various universities.
Plenary & Lunch Sessions

Monday Morning Plenary
What We Believe About Addiction Matters
Dr. John Dyben

Monday Lunch- Welcome to the Georgia School
Shake it Off, Shake it Off
Cathy Robinson Pickett

Tuesday Morning Plenary
Are You Ready: The Future of Addictions Treatment in America
Mark Sanders

Wednesday Morning Showcase Speakers
Addiction
Dr. Drew Pinsky, TV Personality, Author

Recovery Happens in Communities: The State of Recovery in Georgia
A Presentation by Local Recovery Champions

Thursday Morning Plenary
Current and Future Directions for Prevention in Higher Education
Richard Lucey, Jr.

Thursday Lunch- Awards Luncheons
Prevention Awards Luncheon:
Presentation of the Ray Avant Excellence in Prevention Award and the Youth Ambassador Award.

Treatment Awards Luncheon:
Presentation of the Paula Crane Excellence in Treatment Award, Organizational Excellence in Treatment Award, and the Bruce Hoops Pioneer in Addiction Award.

Friday Morning Closing Plenary
A Walk from Springer Mountain, Georgia to Mount Katahdin, Maine
Phil Valentine
Special Events

Tuesday

Silent Auction
The Silent Auction begins on Tuesday. Please place a bid on one or more of the wonderful items and help support the Georgia School. All funds raised go to student scholarships.

Mrs. Wilkes Dining Room - 5:30pm
The line usually gathers each morning at 107 West Jones Street. At 11 o'clock, the doors open and the lunch crowd finds seats at one of the large tables-for-ten. Tabletops are crowded with platters of fried chicken and cornbread dressing, sweet potato soufflé, black-eyed peas, okra gumbo, corn muffins and biscuits. This Savannah institution is only open from 11:00am to 2:00pm, so our attendees typically don’t have the opportunity to visit this wonderful restaurant. The owners of Mrs. Wilkes have graciously agreed to open up just for Georgia School attendees to serve us an all-you-can-eat dinner. The spaces are limited so don’t miss this opportunity! Admission $32 per person (includes tip - must be pre-paid via registration system).

Wednesday

Generation Found- 7:00pm
We will be showing a film called “Generation Found” by Greg Williams, the filmmaker who brought us “The Anonymous People”. Generation Found is a transformative community story about the people of Houston who are fighting to save young people from the leading cause of death of their generation. With unprecedented access to a never-before-seen hidden community, Generation Found captures both the story of families who have lost their children to addiction, as well as families and young people who have a second chance at life. It is not only a deeply personal story, but one with real world utility for communities struggling with addiction worldwide.

Thursday

Prevention Credentialing Consortium of Georgia (PCCG)
Board Meeting and Meet and Greet - 5:30pm
This event is open to PCCG consortium members and invited guests.

All Week

12 Step Meeting - 9:00pm to 10:00pm
Concurrent Sessions

Note: This is a multiple day workshop. If you are registering for this, please pay close attention and do not register for other workshops that will conflict or overlap. You must attend the entire workshop to receive CEU credit.

Fundamentals of Prevention
Mary Kate Chapman
Monday through Tuesday (12 hours)
This course, approved by the Prevention Credentialing Consortium of Georgia as a core course, will provide a basic foundation of prevention knowledge that can be further expanded through ongoing prevention training and development. By the end of this workshop, participants will be able to identify protective factors currently being used or those that will be implemented; identify one prevention process/program that represents each prevention strategy; identify risk factors; determine what works in prevention; define prevention strategies; and outline historical timeline of prevention. (Prevention Core Course)
Sunday, August 28th

3:00-7:00pm: Conference Check-In
Feel free to beat the Monday morning crowds and check-in on Sunday evening.

Monday, August 29th

7:00am: Conference Check-In

8:00-9:00am: Morning Plenary

MONDAY 6 HOUR WORKSHOPS (9:30am-5:00pm) Sessions- A/B

Save the Male! Exploring the Emotional Life of Men
Mario Campa

Cultural Messages such as “suck it up,” “take it like a man,” “big boys don’t cry,” “don’t be a sissy,” “don’t be a wimp,” “don’t let anybody see your weakness,” “quit whining be strong” “be confident and competent”, and “nut up or shut up” tell a boy that his softer emotions of sadness and fear are not acceptable to be a real man. By the time a boy is 18 years old, the cultural messages of this boy code have been seared into the mind of a man. The presentation will examine these cultural messages and how they have negatively impacted men in terms of decision making, health, significant relationships and self-esteem. (Treatment Track GS)

Expressive Group Therapy... a Hands-on Workshop using Art Therapy (External) and Mindfulness
Casey Corbin, BA, CADCII, CCS, CMMI

This workshop teaches (up to) three group art therapy approaches mixed with three Mindfulness Meditations that you can use with your clients immediately! Experiential applications for both faith-based and secular consumers will be addressed. Participants will actually do some of the following projects: 1. Mindfulness Meditation Exercises to achieve a mental “Resource State” to enhance creativity and to access memories, feelings, and therapeutic issues. Utilizes relaxation and visualization. 2. Pour Art from oops paint where frustration is resolved into acceptance as their color blends with others into something beautifully communal. 3. Identity Exchange on colored sheet of paper written hurts, habits, hang-ups, and secrets are seen by no one and destroyed in a blender with water and applied to a screen to dry to make collective piece. 4. Art Trading Cards small collages from recycle print materials with significant messages to self and to exchange with another.

The Key Aspects to PTSD/Trauma
Elaine Dilbeck, EdD, LPC, CMHC, CTSS, CPCS

At the end of this workshop, you will be able to: • Understand the link between grief/ trauma and mental illness • How the brain processes traumatic events/becoming emotionally stuck • Different types of trauma including traumas caused by the “church” • The “fantasies” that some clients will have associated with their trauma • What is the link between grief/trauma and mental illness? • Perception of trauma • Processing of the traumatic event(s) • Grief - what are the losses • Disguised as a mental illness • How does the brain process trauma? • Frontal lobe and other areas of the brain • Becoming emotionally stuck • “Pandora’s box” and triggers • What are different types of traumas? • Physical • Sexual, • Psychological • Natural disasters • Terrorism • Those that occur in the church setting • What are the fantasies that some clients can experience after a trauma? • Being “in love” with or having “feelings” for the perpetrator • Killing the perpetrator and/or the “protector” • Torture of themselves and/or the person responsible • They need to be or being “punished” for their “sins”.

MONDAY 6 HOUR WORKSHOPS continued (9:30am-5:00pm) Sessions- A/B

Implementing Integrated Recovery Oriented Systems and Programs for Individuals with Substance Use Disorders and Co-occurring Conditions
Kenneth Minkoff, M.D.
If you are interested in implementing co-occurring capable and trauma informed recovery oriented system of care principles (ROSC) in your system, agency, or program, but don’t know how to get started, this workshop is for you. The workshop describes the specific principles of recovery oriented systems and programs for individuals with addiction and other complex mental health, health, and trauma needs. There will be practical exercises by which you can identify starting places for your own organization to use “quality improvement” to make progress toward recovery oriented co-occurring capability, and to help you develop a specific next step plan to “take home” and get started!

Challenges of Supervision; An Introduction
Sheldon L. Rosenzweig, MA, LPC-S.CCS (IC&CCS) & Carl Sheldon, Ph.D.
Supervision is an ever changing and ongoing challenge. This workshop will use both didactic and experiential strategies to introduce participants to current issues in supervision as well as reviewing the foundation of this clinical specialty. By sharing and discussing issues supervisors will be helping each other learn how to solve problems and enhance not only the therapeutic productivity of the staff they supervise but their own skills as well. (Treatment Track CS)

Providing Culturally Effective Treatment to the LGBT Community
Elizabeth Toledo, LCSW, ICADC, CCS & Torry Reid
This presentation will address service delivery competency as it relates to Lesbians, Gay, Bisexual and Transgender (LGBT) people in need of DV services. Whether it be providing services to the LGBT community or their families, participants will be able to identify how homophobia, transphobia, sexism and other gender/sexual identity oppressions are used by systems and individuals. (Treatment Track CC)

MONDAY AM 3 HOUR WORKSHOPS (9:30am-12:30pm) Sessions- A

Note: Please review your workshop choices carefully. If you plan on attending a weekly concurrent workshop or a 6 hour workshop on this day then you will not be able to attend a 3 hour workshop.

Chronic Pain, Boomers, and Opioids
Dr. John Dyben
Opioid addiction is a national epidemic, and aging Boomers are increasingly turning to drugs, usually mixed with alcohol. We will explore generational histories and attitudes as well as co-existing physical and mental issues in 50+ age groups. Chronic pain is both a physical and an emotional issue, and Boomers often receive long term opioid prescriptions with rapid addiction and diminishing effectiveness for pain control over time. Challenges in assessment, engagement, treatment and chronic pain make long-term recovery difficult for Boomers. Attendees will gain tangible tools to engage the individual in the discussion as well as in individualized treatment and in his/her own recovery.

Addiction and Hepatitis C: Hope for the Future/Realistic Strategies for a Cure
Marie Sutton
Among people recovering from addiction, hepatitis C is prevalent at a rate much higher than that of the general population. For those who have used injection drugs, the rate is nearly 50% - far greater than that of HIV infection. For these clients, word of a new cure for hepatitis C offers tremendous hope. At the same time, along with the promise of a cure, there are challenges. What resources are really available? How critical is strict adherence to treatment regimes? What are the barriers to treatment and how can you help your clients overcome them? Ms. Sutton will share critical lessons learned during a yearlong hepatitis C testing and linkage pilot that tested over 2,000 substance users and found 13% to be antibody positive for hepatitis C.
MONDAY AM 3 HOUR WORKSHOPS continued (9:30am-12:30pm) Sessions- A

Keeping Up the Fight: Strategies for Addressing Medicine Abuse from RX Opioids to Over-the-Counters (OTCs)
John Bringuel & Jenni Robertson
In this workshop the connection between Rx drugs and specifically Rx opioids and heroin will be discussed along with, and most importantly, solutions to this crisis. Opioids rank as the most addictive and dangerous of all legal and street drugs available. Opioid and heroin addiction has become an epidemic in the United States, with usage rates having more than doubled among young adults in the past decade. It’s time to hear the truth about Rx opioids and heroin and find out what you can do about it. The workshop will also address teen abuse of over-the-counter (OTC) cough medicine containing the cough suppressant dextromethorphan (DXM). Often referred to by slang terms such as “robotripping,” “triple c’s” or “dexing,” DXM is abused by 1 in 30 teens according to the National Institute on Drug Abuse (NIDA) Monitoring the Future survey. Jenni Roberson with the Stop Medicine Abuse campaign will share insights on effective prevention efforts and highlight resources available from the campaign for parents and communities. (Prevention Domain 2)

TALKING IT OUT: Practical & Highly Effective Communication Skills to Support Young People, Collaborate with Colleagues, and Build Great Relationships
Michael Brandwein
The writer and presenter of a three part, Emmy award-winning television series on communication demonstrates skills you will use every day to make solid connections with young people and others. Including: building trust and increasing credibility through superb listening techniques; handling conflict with constructive communication and calmness; precise methods to get young people to express themselves more fully and honestly, even in challenging circumstances; exactly what to say to encourage more open communication; reducing “talk behind backs” at work and creating an environment where people say what they are really feeling; and more. (Prevention Domains 2, 3, 6)

Adventures in Prevention
Sarah Stokes
This workshop will teach participants how to utilize experiential techniques in teaching prevention education. Participants will engage in hands-on team building activities with outcomes focusing on diversity and cultural awareness; substance abuse prevention; violence prevention; stress management; and community building. Participants will leave with new ideas for program development as well as ways to augment current programming. Please come in comfortable clothing and prepared for an interactive session! (Prevention Domains 2, 6)

MONDAY PM 3 HOUR WORKSHOPS (2:00pm-5:00pm) Sessions- B

Innovative Treatment Plans for the Difficult Patient
Jennifer Angier, MS, CACII, NCACII
This workshop examines effective approaches to working with dual diagnosed patients who have experienced a broad range of difficulties in their efforts to build a sustained recovery. Often, these challenging patients have experienced multiple attempts to treat their disease, even as they have reconciled to the idea of choice and have a desire to build a sustained recovery Innovative approaches and a variety of patient interventions will be shared in an interactive, experiential setting that will help participants identify the spirituality behind a collaborative therapeutic exchange. Through the use of movie clips, literature and music, this interactive dialogue will enable the clinician to expand the realm of traditional therapeutic skills in the treatment of the dual addicted patient. As a result of this presentation, participants will come to view and utilize therapeutic interventions as not merely a sterile interaction to elicit change, but as an emotional and spiritual experience that will empower the patients to dedicate their efforts to connect with their truth. This pathway leads the patients from their obstacles and struggles to solutions and a place of hope.
MONDAY PM 3 HOUR WORKSHOPS continued (2:00pm-5:00pm) Sessions- B

Do Our Words Matter: The Connection Between Language, Stigma and Substance Use Disorders
Ed Johnson, M.Ed., MAC, LPC
When compared with other chronic medical conditions, the general public and healthcare providers inordinately stigmatize substance use disorders and the people who have them. This stigmatization is perpetuated and exacerbated by the language and terms used in reference to substance use disorders, which is more appropriate for willful bad behavior than a medical condition. This presentation will explore commonly used terms and commonly held concepts related to substance use disorders and their treatment while exploring alternate terms and concepts that are more congruent with the constructs of addiction as a chronic medical condition and also shifting the focus from the problem: the medical condition to the solution: recovery.

Fast, Powerful Ways to Build Essential Life Skills in Young People
Michael Brandwein
No theory: This nationally acclaimed session is packed with practical skills and techniques you can use immediately to help young people develop more positive self-images that will guide better and more successful behavior. Including: how to spot the specific behavior we want to encourage and make it grow; how to go from the qualities we want young people to have to the specific conduct that we can teach every day; the expert secrets to making praise credible and useful; building respect, responsibility, persistence, and more. (Prevention Domains 2, 3, 6)

Youth Mental Health First Aid
Emily Graybill & Rebecca Blanton
The Youth Mental Health First Aid course teaches participants the risk factors and warning signs of a variety of mental health challenges common among adolescents, including anxiety, depression, psychosis, eating disorders, AD/HD, disruptive behavior disorders, and substance use disorder. Participants do not learn to diagnose, nor how to provide any therapy or counseling – rather, participants learn to support a youth developing signs and symptoms of a mental illness or in an emotional crisis by applying a core five-step action plan. The Youth Mental Health First Aid USA curriculum is primarily focused on information participants can use to help adolescents and transition-age youth, ages 12-18. All participants who attend the full session will be certified first aiders. (Prevention Domains 2, 6)

40 Assets + Prevention - Winning Combination
Adan Madrigal & Jessica-Andrews-Wilson
Through this engaging and interactive workshop, participants will gain a better understanding of the Search Institute’s 40 Developmental Assets and how they can be used in prevention programming to impact and enhance the work that is already happening. Participants will leave with an understanding of the 40 Assets and a plan for intentionally building them into their programs. (Prevention Domains 2, 6)

Tuesday, August 30th
7:00am: Conference Check-In
8:00-9:00am: Morning Plenary
A Multi-Faceted Approach to Craving Management.
Doug Paul, LPC
With the addition of “cravings” to the DSM V criteria for substance use disorders, it became that much more important to learn new skills to assist our clients in this area. Just as addiction effects every area of life, so too must the approach for cravings management. The goals for this workshop will be to review the literature on cravings management techniques, discuss cravings management medications and elicit a discussion of multi-faceted approaches that have worked for those on the front lines of addiction treatment.

How to Market Yourself In a Competitive Job Market; Cutting Edge Tips You Should Know
Dr. Lucy R. Cannon, Ed, D, LCSW, CCDP & Davine Sparks, PhD, LCSW
This workshop will teach participants the process of job searching and how to secure their dream jobs. This workshop shop will address the following topics; To teach participants various assessments and aptitude tests to help them determine what job is best and most suitable for them, Participants will learn key information to include on their resumes, cover letters, and references, current use of various buzzwords and phrases they should use and not use on their resumes, the importance of an Elevator Speech, when to use a portfolio for work related purposes, they will learn how to use the five marketing strategies that are necessary to market their skills in a competitive society, Dos and Don’t of networking utilizing social media, interviewing attire tips and, key interviewing tips participants need to know to help them get that ideal job. Dr. Davine Sparks will also do a high overview of John C. Maxwell Leadership course. Participants will learn effective leadership and management skills they can use in the workplace. We will utilize You Tube videos and experiential activities to help students utilize concepts taught during this training.

Ethics: Putting the Puzzle Together: A Practical Clinical Guide for Therapists
Shannon M. Eller, LPC, LMFT & Jeff Adam
This workshop will examine ethical dilemmas presented by everyday encounters with clients in private and public practice, differentiating between consultation and supervision. This forum will provide opportunity for counselors to discuss ethical issues with peers and review ethical issues using interactive case studies and scenarios relative to real-life situations using ethical dilemmas and vignettes. We will explore these issues from a pragmatic, practice-based model, allowing counselors to develop their own ethical decision-making model. (Treatment Track E)

Chess as Group Psychotherapy for Men in Recovery Process
Russell Floyd, Ed.D, LPC
Participants will learn how chess is especially suited as Group Psychotherapy Approach for men in Recovery. Participants will be provided with a summary of recent research on how chess improves Executive Functioning of the Brain. Participants will be updated on results of prisons and jails that utilize chess as a therapeutic and social intervention. Presenter will provide case study from agencies in which he utilized chess as group psychotherapy. Participants will be guided through an interactive process to demonstrate how to conduct session utilizing chess. (Treatment Track GS)

Tools To Quit: Helping your Clients Stop Tobacco Use
Cathy Robinson Pickett
The Tools To Quit (TTQ) program is designed to help smokers quit smoking and develop coping skills to combat the psychological and physical side effects of smoking cessation. This straightforward, upbeat program is intended to stress the positives of the smoking cessation experience - the reasons to quit, the benefits of quitting - while honestly exploring the very real, unpleasant feelings that are a part of beating the addiction to nicotine and the habit of smoking. TTQ focuses on an active, pragmatic approach to quitting smoking with each participant directing his or her own efforts to quit. While TTQ emphasizes each member’s personal responsibility for their success, the program content is crucial to that success. The content material is based on the Quit Smoking Now (QSN) protocol.
Clinical Supervision: Beyond Beginners  
Dr. Carl Shantzis & Sheldon Rosenzweig, MA, LPC
For those who are experienced supervisors. The training will examine the cornerstones of supervision with an emphasis on ethical practices. Active participation is an expectation of this session. A combination of didactic and experiential learning will be employed. Completion of this session does not imply that you have acquired the competencies to successfully sit for the IC&RC Clinical Supervisor examination/credential. (Treatment Track CS)

The Family in Treatment: Gaining Insight and Inspiration  
Sandy Queen
Understanding the importance of the family as part of the treatment process is an integral and vital component in the recovery process. Addiction affects every member of a family in some way, and family dynamics can contribute to, or detract from, the successful treatment of the individual. This workshop will look at the important topic of involving families in the process of treatment, examining the roles of family members and how these roles interact and contribute to our ability to reach those with whom we work. We have all had the experience of meeting family members and realizing that perhaps, our client isn't the only one in need of intervention! (Treatment Track FY)

Father Hunger/Father Wounds: Helping Clients Who Have Been Impacted by Fatherlessness Recover  
Mark Sanders, LCSW, CADC
A hidden precursor to developing a substance use disorder is father hunger and father wounds. Father hunger occurs when a child did not receive enough fathering, and father wounds occur when the client was injured physically, mentally, sexually, or emotionally by his/her father. Fatherlessness for chemically dependent women increases the risk of childhood sexual abuse, premature entrance into adulthood, addictive relationship styles, and early substance use. For men father hunger and father wounds can lead to destructive peer group affiliation, mistrust of other men, anger, rage, violence, and substance use. This workshop will address the impact of father hunger and father wounds across the lifespan and will offer intervention strategies to help clients impacted by fatherlessness recover.

Innovative Strategies to Communicate with your Community Using Positive Social Norms  
Tyrone Bell, MPH, CHES, CP & Ryan Burke
This workshop will teach attendees how to effectively communicate with their community using various media outlets. Attendees will learn how to effectively use environmental strategies such as Positive Social Norms and counter-advertising We will discuss why data collection is important, how to effectively create a media message, and how to identify which media outlet will allow you maximize the reach of your message. We will spot successful campaigns of traditional media outlets such as billboards, and how to be innovative and use social media to communicate with your community, especially with use populations. We will highlight 6 different media outlets which can be found in all communities and help providers pinpoint and brainstorm innovative media outlets and ways to community with their communities. (Prevention Domains 1, 3, 4, 5)
TUESDAY AM 3 HOUR WORKSHOPS continued (9:30am-12:30pm) Sessions- C

The Power of Youth in Prevention
Christopher Ly & Delia Mendez
As coalitions and organizations look to involve the youth in their community, we have the tendency to get overwhelmed and use older practices that aren't attractive for the youth. We have over 5 years of experiences, challenges, and successes that we would like to share with other coalitions who are looking to move up the ladder of youth participation. This workshop will offer useful methods, tools, and insight to get your coalition at the highest rung on the youth ladder of participation through recruitment, engagement, and sustaining the youth in your organization. Majority of this workshop will be youth-led where two youth will share their own experiences with bringing their peers to the GATE Coalition, a Drug-Free Community Support program of DeKalb County. (Prevention Domains 1, 4)

Sharing the Vision: Becoming a DFC Mentor or Mentee Coalition
Ellen Gerstein & Ari Russell
Georgia currently has more Drug Free Community coalitions than ever before, but we could have more. This workshop is for current DFC coalitions and others who aspire to apply for the DFC grant at some point. Learn about the expectations and benefits for both the DFC mentor coalition and the mentee coalition. If you’re in the fledgling stage of developing a coalition that addresses youth substance abuse, this workshop will provide tips on developing your organizational structure, increasing your coalition’s leadership and community readiness and working through a strategic planning process that will result in a comprehensive community action plan. (Prevention Domains 1, 4)

TUESDAY PM 3 HOUR WORKSHOPS (2:00pm-5:00pm) Sessions- D

The Developmental Components of Resilience in Youth
Sandy Queen
Substance Use and Abuse in teens and youth involves many elements: social, emotional, cultural, spiritual...the list is long. The ability to resist the influence of substances, or are able to overcome them to lead productive lives - can be related to the same elements. This ability (or dis-ability) to succeed can be examined under the scope of how the individual has progressed along the developmental continuum - and at what points were there issues or circumstances that left him or her vulnerable? This session will look at the aspects that are integral to the development of the individual, particularly youth, and the effects of problems along the developmental pathway. Positive experiences are important in developing the resilience necessary for positive life outcomes. We will look at how these developmental aspects affect our youth and how we can help them identify and strengthen those elements that are weak or missing. This is an important session for working with all ages, but we will spend our time looking at our youth - and perhaps find some nuggets to help in our work with other ages. (Treatment Track FY)

Counseling African Americans with Substance Use Disorders
Mark Sanders, LCSW, CADC
Counselors, when working with criminal offenders, must have a general understanding of their social and generational identity construct, in order to effect change. The exploration of offender lifestyles provides insight into their development and assist in the identification of techniques and interventions that would facilitate change in their behaviors. Such exploration will provide counselors with the ability to target the criminogenic needs of the offender population and reduce recidivism. This presentation will afford participants the ability to identify the unique characteristics of the offender population and provide techniques to facilitate positive change among offenders. The format for the presentation will be an interactive workshop for professionals who currently work with criminal offenders in the following settings; private practice, drug court, mental health court, probation/parole, community, and correctional/prison. (Treatment Track CC)
TUESDAY PM 3 HOUR WORKSHOPS continued (2:00pm-5:00pm) Sessions- D

Why Youth/Others Attempt Suicide and How to Help!
Michael R. Carpenter, PhD
Participants will be expected to leave with an understanding of the numbers surrounding suicidal behavior; risk and protective factors; the new zero suicide initiative; why adolescents attempt; definition of situational suicide; and the skills to prevent, intervene, and post-vene. The workshop will address the relationship between suicidal behavior and depression, stress, alcohol and other drugs, bullying, and self-injurious behavior also called self-injury, self-harm, self-mutilation, or cutting. The resources of the Suicide Prevention Resource Center (www.sprc.org) will be highlighted along with myths and facts surrounding suicide and contagion. (Prevention Domains 2, 6)

Hands-on Learning for Youth Action Teams
Melinda Shealey
Want to learn how to increase critical thinking skills in youth? It’s important to teach youth to test theories, explore for themselves, and to provide opportunities for growth through hands-on learning. Join us for this fun, engaging workshop dedicated to critical thinking skills and motivating independent learners. Participants will walk away with tools and resources to immediately implement these hands-on activities. (Prevention Domains 2, 6)

Marijuana: Medicine or Menace?
Jeremiah Hopes, LPC, CAADC, LCAS
Every year the University of Michigan publishes a pervasive nationwide survey of youth between grades 6 and 12 called monitoring the future. According to the survey, marijuana is always the most widely used illicit drug. However, as laws change across our country making marijuana legal for both medical and recreational purposes, what impact will legalization have on our prevention and treatment efforts? This presentation will employ a balanced perspective to view both the inherent benefits which make marijuana appropriate for medical use along with the very real and documented dangers that have made marijuana a menace. (Prevention Domains 2, 6)

Wednesday, August 31st
7:30-9:00am: Conference Check-In

WEDNESDAY AM SHOWCASE (9:00am-12:30pm) Sessions- E

Dr. Drew Pinsky, TV Personality, Author

Recovery Happens in Communities: The State of Recovery in Georgia
A presentation by local recovery champions

WEDNESDAY PM 3 HOUR WORKSHOPS (2:00pm-5:00pm) Sessions- F

Introduction to Gambling Disorder
Gina Hutto, LPC, MAC, CCDP-D, CCJP, NCGC-I & Danny Hawkins, NCACII, CACII
The DSM-5 includes Gambling Disorder as a behavioral addiction. This reflects research that Gambling Disorder is similar to Substance-Related Disorders in many ways, and opens the door for individuals struggling with problem gambling to get the services and treatment they need. However, many clinicians have very little, if any, training related to treating problem gamblers. This course will assist clinicians in identifying clients with Gambling Disorder and discuss treatment strategies.
Medication Assistance Treatment and Pregnancy
Lisa Akine, NCACII, CADCII, ICADC
The presentation will educate on the beginning steps of identifying supporting and guiding female patients who are currently in or being admitted to medication assistance treatment. It’s a detailed guideline for service providers to apply to their program to assist them in serving a pregnant patient while on methadone. Once you identify a patient is pregnant you will then learn the importance of supporting the patient, identifying a methadone friendly OB/GYN, the importance of weekly contact with the patient, and dose adjustments. What to do as the mother moves through each trimester of pregnancy, how to prepare the patient as she approaches her due date and what method of delivery most mothers prefer and how the OB/GYN makes this decision. You will also learn the importance of support and educating mom after the baby is home and the vital role the counselor continues to play with the patient and baby when it comes to ongoing treatment. The presentation will also stress the importance of education to the OB/GYN office and the hospital as more pregnant patients present. Most hospitals are against mothers on methadone but once educated they are very grateful for the information they received to better support and assist the mother and baby. (Treatment Track GS)

Attention, Addiction and the Internet
Girish Kumar Krishnan, MS & Tom Andre, LPC
There is increasingly more concern and research into the effects of pornography, social media, and video games on the brain. Over the next two hours, we shall conceptualize and examine the interaction between modern mass-media and process addictions in neurological, cognitive, and social perspectives. The content of this talk is informed by our experiences treating process addictions in individual counseling, as well as by our experiences in creating and leading a group therapy for adolescents and young adults struggling with Problematic Internet Use and Social Anxiety.

Steps to Resolving Emotional Conflict
Angelic Muhammad, PhD
Most people never want to deal with the dominate emotion of anger. Individual’s hurts frequently turn into anger and hate. People never give themselves time to appreciate the emotion of anger; because pain is the one emotion society is taught to conceal. When individuals fight pain, their bodies begin to break down and endure stress, depression, failure and low self-esteem which causes one to try and manipulate their emotions and detach from the real issue and or true self. This session will look inside that pain as it relates to trauma and abuse and break it down one step at a time. This workshop will further discuss and process how individuals can grow through the emotion of hurt and the pain that trauma and abuse has attributed.

Beyond the Battlefield
Cardwell Nuckols, PhD
Half of our Iraq and Afghanistan veterans have applied for permanent disability. Of those veterans treated, roughly a third have been diagnosed with PTSD. Since only about 10 percent of our armed forces actually see combat, the majority of vets claiming to suffer from PTSD seem to have been affected by something other than direct exposure to danger. Today’s vets claim three times the number of disabilities that Vietnam vets did despite a generally warm reception back home and a casualty rate that, thank God, is roughly one-third what it was in Vietnam. Part of the trauma of war seems to be giving it up. There are ancient human behaviors in war—loyalty, inter-reliance, cooperation—that typify good soldiering and can’t be easily found in modern society. What all these people seem to miss isn’t danger or loss, per se, but the closeness and cooperation that danger and loss often engender. Our tribalism is about an extremely narrow group of people: our children, our spouse, maybe our parents. Our society is alienating, technical, cold, and mystifying. Our fundamental desire, as human beings, is to be close to others, and our society does not allow for that. It’s an open question whether people’s problems are located in the individual. If enough people in society are sick, you have to wonder whether it isn’t actually society that’s sick.
WEDNESDAY PM 3 HOUR WORKSHOPS continued (2:00pm-5:00pm) Sessions- F

Shame, Guilt and Addiction
Susannah Stone, LCSW, CAADC, CCDP-C
The workshop is designed to provide clinician with a process and framework for understanding guilt and shame, how it impacts the individual in addiction and in recovery and how to assist the individual in addressing these issues in recovery.

Only Men, Women, and Children Get AIDS
Cathy Robinson Pickett
HIV is not over….and in fact new infection rates in the 11 southeastern United States are raising at an alarming rate. This is an interactive, first person perspective look at the epidemic and it's impact on our country. It will include prevention and treatment topics a presented in a way that participants will leave with a well rounded knowledge and skills to educate staff and clients in the basics.

Implicit Bias
Pierluigi Mancini, PhD
Also known as implicit social cognition, implicit bias refers to the attitudes or stereotypes that affect our understanding, actions, and decisions in an unconscious manner. These biases, which encompass both favorable and unfavorable assessments, are activated involuntarily and without an individual's awareness or intentional control. Residing deep in the subconscious, these biases are different from known biases that individuals may choose to conceal for the purposes of social and/or political correctness. Rather, implicit biases are not accessible through introspection. The implicit associations that clinicians harbor in our subconscious cause us to have feelings and attitudes about other people based on characteristics such as race, ethnicity, age, and appearance. These associations develop over the course of a lifetime beginning at a very early age through exposure to direct and indirect messages. In addition to early life experiences, the media and news programming are often-cited origins of implicit associations. This workshop will examine how implicit bias can affect our delivery of services in behavioral health settings and provide tools to identify and overcome implicit bias in our practice.

Beyond Cultural Competence: Exploring Diversity in 2016
Jessica Andrews-Wilson & Stephanie Voyles
Note: Part 2 of this workshop will be held on Friday. You must attend both sessions to get the 6 hours of credit.
Our communities are changing rapidly, becoming more and more diverse every day. In this highly interactive course, we will be examining our own biases and experiences that impact our work. Come prepared for a engaging, discussion and activity-based course that will leave you energized and excited about diversity. This course is approved by the Prevention Credentialing Consortium of Georgia as a Core Course. (Prevention Core Course)

Changing Norms, Changing Lives
Molly Frasier, LMSW
At the Changing Norms, Changing Lives workshop, participants will learn about the importance of social norms and the impact they have on our behavior. The workshop will also go through the step by step process of conducting a Positive Social Norms campaign, which is an effective strategy to prevent underage drinking and other substance use and abuse. Come join us and walk away with tools and resources to conduct your own campaign and create change in your community! (Prevention Domains 1, 2, 4, 5)

Ethics for Prevention Recertification
Ari Russell
This workshop is intended for individuals seeking prevention re-certification from PCCG or IC&RC. It does NOT meet the core course requirement for those seeking initial certification. The content is based on the Prevention Code of Ethical Conduct. It explores ethics as they relate to prevention competencies, management and responsibilities to the field. (Prevention Domain 6)
Essential Elements of Youth Development Programs: Cultivating the Power of Youth for Change
Katherine Raczynski, Ph.D. & Cheryl Varnadoe

The power of young people to affect positive change in themselves and others is substantial. However, too often well-meaning adults underestimate this power and “do things to” youth rather than empowering them to drive change. In this session, we draw on decades of practice and research on the best ways to engage young leaders and help develop their skills. Using the Essential Elements of 4-H Youth Development Programs as a framework, we will lead attendees through hands-on activities that can be replicated in schools, clubs, and community groups. Attendees will acquire ideas and guidance for supporting young leaders as they address substantive issues in their communities. (Prevention Domains 3, 4, 6)

Thursday, September 1st

7:30-9:30am: Conference Check-In
8:00-9:00am: Morning Plenary

Linking Spirituality to Clinician Health and Development for Maximum Treatment Results
Deborah Alexander, LICDC, ICADC, ICCS, CADC, CCS & Patricia Wright, MSW

This workshop is designed to assist and encourage clinicians to develop specific insights into skills that enhance and promote: 1. self-care and wellness 2. spiritual growth 3. individual authenticity, 4. empowered counseling style. Full Presentation: Workshop will offer information on spiritual (inner) well-being, and discuss link to client care. Points offered will assist with understanding of compassion fatigue, spiritual (inner) burnout, and ways to address signs and symptoms. This workshop will be presented in an interactive format utilizing creative tools including; ice-breakers, poems of wisdom, quotes, art, books and ideas from participants. Spiritual cornerstones of; Love, Creativity, Peace, Humility, will be examined to build foundations of life balance.

Gratitude and Happiness: The Keys to Sustained Recovery from Substance Use Disorders
Gary K. Byrd

This past year I had a near death experience and I learned firsthand about the power of gratitude and happiness. Until that experience, I had taken a lot for granted, but since that time I have a greater spiritual, cognitive and action oriented philosophy about the daily focus on gratitude and happiness. I began to wonder about how people with substance use disorders practice elusive short-term happiness and ingratitude and take for granted all the blessings that surround their daily lives. In the active using phase of a person’s substance use disorder, the pursuit of short-term happiness and ingratitude often ends up in emotional, spiritual and cognitive bankruptcy. While the process of recovery begins with mastery of the knowledge of how to stay clean and sober, in order to achieve sustained recovery the substance use disordered client must become effective in the mastery of the practice of gratitude and happiness. This workshop is designed to give practitioners skills and techniques in utilizing gratitude and happiness interventions in helping their clients to develop sustained recovery.
Clinical Supervision: A Practical Guide for Clinicians in the Helping Profession
Shannon M. Eller, LPC, LMFT
This training has been specifically designed to provide Clinical Supervision training for counselors in the helping profession. We will examine the role of the supervisor and the nature of the supervisory relationship. We will explore the key objectives, models, approaches, and major components of the supervisory process. We will learn how to generate professional authority, build trust, and exercise influence within the context of the supervisory relationship. We will also introduce the structure of supervision, from the point of first contact when you establish your goals, all the way through the completion of the supervisory process. We will learn to recognize the supervisory style and needs of the supervisee and how to modify your supervision style to meet their needs. We will learn the best practices in supervisory record keeping and examine templates of key forms for documentation. We will conduct our 6-hour training covering ethics. We will examine ethical concerns in the supervisory relationship including boundaries, dual roles, and integrity. We will study the best practices models of ethical decision making and learn how to integrate then in to the handling of ethical challenges in the supervisory role. The training will include interactive scenario analysis, role playing, and the practice of key supervisory techniques and strategies. (Treatment Track CS)

Experiential Group Therapy - Come and Play
Marc Pimsler BA, CCS, NCAC, CACII, ACRPS, CYT & Diane Sherman
Come and play!!! If you are bored with your groups guess who else is bored with them, YOUR CLIENTS!!!! Join us in this session as we learn the powerful art of therapeutic play. Experiential group therapy is a powerful way of introducing skills, rehearsing skills, and uncovering powerful insights that are otherwise unexplored. So much comes up when utilize this powerful technique properly. In this session participants will practice with the actual skills as well as learn the art of debriefing. You will walk away with several new group ideas that will change the way you and your clients approach group counseling.

Mindfulness as an Enhancement to Group Process
Dr. David Proefrock & Dr. Greg Jurkovic
Mindfulness is proving to be a powerful catalyst for change in many different settings. This workshop will focus on the use of mindfulness to enhance group both process and effectiveness. Participants will learn background information about mindfulness, the use of mindfulness in groups, and methods for using mindfulness in substance abuse treatment. In addition, participants will practice developing their own mindfulness group exercises.

Ethics and Boundaries
Jim Seckman, MAC, CACII
This course is designed to give counselors an understanding of the elements of ethical reasoning and decision-making, the framework they use for making decisions, and how professional boundaries affect ethical decision-making. During the first half of the course, participants will review approaches to ethics and dimensions of ethical reasoning in relation to the NAADAC Code of Ethics. During the second half of the course we will review how professional boundaries are critical for the development and implementation of ethical practice. This will include a discussion of the ethical implications of social media and telemental health counseling. (Treatment Track E)

Communication Skills for the Prevention Professional
Jessica Andrews-Wilson & Stephanie Voyles
This prevention-focused course takes participants through a myriad of activities related to interpersonal communication, facilitation, public speaking and good listening skills as well as public awareness campaigns and marketing basics. This course is highly interactive and will require participants to engage in small and large group work and to present in front of the whole group. This course is approved by the Prevention Credentialing Consortium of Georgia as a Core Course. (Prevention Core Course)
THURSDAY AM 3 HOUR WORKSHOPS (9:30am-12:30pm) Sessions- G

Note: Please review your workshop choices carefully. If you plan on attending a weekly concurrent workshop or a 6 hour workshop on this day then you will not be able to attend a 3 hour workshop.

Adolescent Toxic Relationship Addiction: Gateway to Substance Abuse
Pamela Morgan, MBA, BSHS, CADC-M
This training is for addiction professionals, social workers and other service providers interested in increasing their adolescent client’s possibility of ongoing recovery and reduce adolescent substance abuse recidivism. Participants will receive insight regarding the connection between adolescents’ involvement in toxic relationships and AOD abuse and relapse. Professionals will be equipped to assist adolescents in identifying toxic relationships as gateways to substance abuse as well as substance abuse relapse triggers, thus enhancing the clients’ chances for ongoing AOD recovery. Various user-friendly handouts and worksheets will be provided as tools to assist adolescents in assessing current and past drug related toxic relationships, adapt new behaviors to cope with life’s issues, and to consciously make healthier choices. (Treatment Track FY)

Evidence-Based Treatment of Opioid Addiction: From Pill to Power
Cardwell Nuckols, PhD
Opioid addicts present many challenges to treatment programs and clinicians. High against medical advice (AMA) discharge rates and problems of engagement create difficult encounters and unique problems that must be addressed in treatment. This skills training event will introduce those in attendance to ways of understanding the opioid addicts experience as treatment must start here. Both psychotherapeutic and pharmacological management will be discussed. The importance of discharge planning or extended care (due to immaturity of the prefrontal cortex) is critical for many of the younger addicts as the may not be candidates for rehabilitation but for habilitation. This training will take an honest look at a difficult to treat population and offer approaches designed to increase retention and enhance the possibilities of long term recovery.

Alcohol: The Fatal Co-Factor
Mike Nerney
New research highlights findings demonstrating the complex mechanisms by which alcohol interacts with other drugs in the brain and in the body, often with fatal results. While much of this research legitimately focuses on Prescription drugs, an equally compelling aspect is the combination of alcohol and over the counter drugs (caffeine, cough medicine, and allergy medicines), and alcohol combined with street drugs. The discovery of “cocaethylene”, the chemical created by the combination of cocaine and alcohol in the human body, signaled to researchers that the concurrent use of alcohol was far more complex than two separate brain systems activated by two individual substances. In recent years addiction research has demonstrated the potentially deadly interaction between alcohol and; cough medicine, OTC pills, caffeine, tobacco, marijuana, XTC, cocaine, methamphetamine, heroin, and of course, prescription drugs. (Prevention Domains 2, 6)

Not Prescribed
Kaitlin Burkly
“Not Prescribed” is an innovative, evidenced-based online prescription drug abuse prevention lesson that has been designed to use with students from elementary to high school. The lesson has been aligned with National Health Education Standards. The lesson was created by the Georgia Prevention Project’s affiliate partner Rise Above Colorado. The Georgia Prevention Project is a licensor of the lesson and has customized it for Georgia. It is a FREE lesson intended for health and PE teachers or staff of youth serving organizations who work in substance abuse prevention. During this workshop, we will give a live demonstration of the online lesson and teach participants how to use it. Essential Questions Explored: • What are the different types of medicines? • What is appropriate and responsible use of prescription drugs? • What are common risk and protective factors for addiction and overdose? • How are teen and adult brains similar and different? • Is the teen brain more susceptible to addictions than the adult brain? • How do you plan to Rise Above negative influences for prescription drug abuse? (Prevention Domains 2, 6)
THURSDAY AM 3 HOUR WORKSHOPS continued (9:30am-12:30pm) Sessions- G

Value of Prevention and the Prevention Credentialing Consortium of Georgia (PCCG)
John Bringuel, MA, ICPS
In this workshop you will be engaged in a facilitated discussion around "The Value of Prevention and PCCG”. You will also hear how prevention is ingrained in every place on the abuse addiction spectrum. You will leave with a renewed commitment to preach, practice and live prevention in every aspect of your life. (Prevention Domains 6)

THURSDAY PM 3 HOUR WORKSHOPS (2:00pm-5:00pm) Sessions- H

The Danger of Familiarity: An Invitation to Multicultural Mindset
Dr. Lewis Kola, D.Min, LPC, MAC
Multicultural Mindset in clinical practice provides us with a unique opportunity to look at the work we do, and the context in which we do our work, from multiple perspectives. Embracing Multicultural mindset enables us to deepen and to enrich our clinical programs, our clinical work itself, and our personhood as clinicians. Therefore, this workshop will maintain a critical and appreciative appropriation of the “familiars” in the treatment of substance abuse clients. We would explore ways that familiarity prevents us and our clients from growing, and we would examine ways that multicultural mindset can deepen and enrich our work and the lives of our clients. (Treatment Track CC)

Addiction to Crime - Games Criminals Play
Pamela Morgan
This training is for addiction professionals and service providers interested in improving their skills and increasing knowledge in the area of criminal behavior as an addiction and the relationship between criminal behavior as a trigger to alcohol and other drug addiction, thus reducing the recidivism rate among repeated offenders. This training will increase the participants’ ability to identify addiction to crime; highlighting the internal rewards experienced by the individual committing the crime. Participants will be enlightened regarding games criminals play, enhancing the employees’ ability to recognize the games and address them appropriately.

Don’t Hit Send: Understanding the Impact of Social Media on Adolescent Brain Development
Mike Nerney
While research is just beginning to focus on measurable changes generated in the brain from digital technology, there is already considerable data on the impact on social behaviors, relationships, and self-esteem. What role can adults play as we watch the growth of negative apps like Whisper, and Yik Yak, or the potentially destructive capacity of Instagram and Twitter? What shifts in the brain might happen from excessive on-line game playing or from being the target of cyber bully attacks? In this presentation, participants will hear an update on social media, and some strategies for effective discussions with adolescents who are immersed in them. (Prevention Domain 6)

Combating Marijuana and Drug-Impaired Driving
Erin Holmes
This session will provide attendees with an overview of the research on drug-impaired driving and highlight the importance of eliminating this threat to public safety. Participants will learn about how drugs affect driving performance and the ways in which law enforcement identify and remove drugged drivers from the road. This session will further identify strategies that participants can take to their communities to address this problem. Special emphasis will be given to marijuana-impaired driving and will include the most recent data from Colorado and Washington. (Prevention Domains 2, 6)
THURSDAY PM 3 HOUR WORKSHOPS continued (2:00pm-5:00pm) Sessions- H

Best Practices in Youth Development
Mary Kate Chapman
This workshop takes an in-depth exploration into the foundational research and theories of positive youth development. Gaining an understanding of these foundations and theories are critical to how we think about and work with young people. Foundational issues include assets, experiential learning, resiliency and ecological context. Topics will also include an exploration of grit, effort-based mindset, curiosity and the development of character. Participants will explore, discuss and produce resources and skills for working with young people. (Prevention Domains 2, 6)

Friday, September 2nd

8:00-9:00am: Closing Plenary Session

FRIDAY 3 HOUR WORKSHOPS (9:30am-12:30am) Sessions- I

Beyond Cultural Competence: Exploring Diversity in 2016 (Part 2)
Jessica Andrews-Wilson & Stephanie Voyles
Note: This workshop is part 2 of the session held on Wednesday. You must attend both sessions to get the 6 hours of credit. (Prevention Core Course)

SMART Recovery and Other Peer Support Resources
Jo Cheezem Abney, LPC, CAADC & Catherine Rosborough
There are many roads to recovery and there are many resources to help us along the way. While most of us in the substance-abuse recovery field are well-versed in the various 12 step programs and their potential to help our clients, some of us are unaware or even suspicious of anything outside of the AA model. It is in our best interest to become aware of and open to other resources which may augment our work with clients. One such resource is SMART Recovery (Self Management And Recovery Training.) Based on Cognitive Behavioral Therapy, this peer support program has many ideas to offer which can be used in addition to your traditional 12-step approach. The evidence-based tools presented can be used in individual and group settings and do not in any way go against the 12-step beliefs. Other support programs will be introduced but the SMART tools will be the focus of this interactive presentation.

Reality of a Goal-Vision Boards-Avenue to Success-Personal and Professional
Deborah R. Alexander & Patricia Wright
This presentation was designed to teach creative goal-setting techniques, and avenues to utilize vision boards for attainment of professional and personal goals. In this workshop we will show clinicians creative ways to assist enhancement of goals for self and treatment goals for clients. Participants will utilize magazines, pictorials, alphabets, personal pictures, and words to depict success realities and completion of goal(s).

Helping Substance Abuse Clients Re-Establish Healthy Relationships
Jaketra Bryant, LPC, NCC
Although, we often discourage our clients with having relationships while in recovery it often happens. Having relationships of all levels is a part of life, (i.e. work, friendships, partnership and parental) relationships cannot always be avoided. The workshop will allow clinicians to learn strategies to assist their clients with re-establishing healthy relationships while in recovery. The workshop will focus on barriers, boundaries and balance as a necessity with re-establishing and maintaining a healthy relationship after the drugs/alcohol. Clinicians will be challenged with a full discussion of the stigma with relationships while in recovery. We will touch on common issues with clients in recovery with relationships. This workshop mixes both didactic and experiential learning styles.
FRIDAY 3 HOUR WORKSHOPS continued (9:30am-12:30pm) Sessions- I

Ethical and Legal Issues in Treatment of Substance Abuse and Co-Ocurring Disorders
Asha Dickerson, PhD, LPC, NCC & Dannette Patterson, NCC, CCMAC, CTRTC
This program will also serve as a refresher course for current ethical issues and standards. This program will provide clarification of the ethical expectations of professionals who work in substance abuse and co-occurring treatment with emphasis on diversity considerations, congruence, and technology. (Treatment Track E)

What Clinicians Need to Know about Warrior and Family Members New Normal; Treatment Implications
Dr. Lucy R. Cannon, Ed, D, LCSW, CCDP-D
The Military Warrior and family members experience a great deal of difficulties adjusting to pre-deployment and post-deployment. A new normal begins to emerge starting from the initial news of the warrior’s deployment and it continues to evolve from the pre-deployment through the post-deployment phase. Many Warriors experience a multitude of symptoms and behaviors to include flashbacks, nightmares, and difficulty adjusting to life upon their return home from deployment. This workshop will focus on common normal behaviors the Warrior and family members experience prior to, during, and after deployment, steps the Warrior and family members can take to learn how to manage the “new normal,” warning signs that indicate treatment is needed, and treatment implication. It is necessary for clinicians to understand these changes and implications for treatment. The use of videos such as the American Sniper will be utilized to help clinicians better understand the impact the “new normal” has on Warriors and military families.

Working with the Addicted Family System
Janet Fluker, MS, LPC, CPCS
In this workshop we will describe the symptoms and behaviors of families impacted by addiction, the negative coping patterns that are developed and how to treat families from an attachment perspective through the stages of recovery. We will also look at internal and external barriers that often prevent family intervention. (Treatment Track FY)

Multiple Pathways To Recovery
Phil Valentine
Designed as an interactive workshop with online research, small and large group discussion, participants will learn about many of the pathways people are now using to maintain recovery from alcohol and other addiction. Participants will understand the difference between pathways to recovery and pathways of recovery, learn about different pathways (including 12 Step, SMART, LifeRing, Celebrate Recovery, Phoenix Multisport, virtual recovery and others), gain some insight as to what pathways they can personally support, and have access to Bill White’s video presentation on multiple pathways first presented at the CCAR Multiple Pathways of Recovery Conference in June.

Managing Conflict Communication Dynamics
Rick Voyles, PhD
Managing Conflict Communication Dynamics Communication is hard enough, but when conflict enters the picture communication takes on very particular dynamics. This presentation will uncover those dynamics and address how to identify and deal with them. We will also look deeply into the conflict process and identify techniques for navigating clients safely through their conflict.

Learning By Doing
Mike Angstadt, MA & Lisa Evans
Learn and play through hands on experiences illustrating stages and phases of prevention, treatment and recovery. Concepts will be brought to life through group activities emphasizing relationships, trust self awareness and problem solving! (Prevention Domain 2, 6)
Stewards of Children
Kim Cunninghis

One in 10 children will be sexually abused before their 18th birthday and many victims turn to drugs and alcohol for solace. Seventy-80% of sexual abuse survivors report excessive drug and alcohol abuse. The Stewards of Children®, child sexual abuse prevention training is an evidence-informed prevention solution that increases knowledge, improves attitudes, and changes child protective behaviors. As we work together to prevent this crime, we can work together to reduce the need for “escape.” Attendees will learn how to prevent, recognize, and react responsibly to child sexual abuse. Providing education will assist in challenging the notion of child sexual abuse as a societal taboo by encouraging communities to talk about risk, prevention, and child protection. Being educated enables youth serving professionals, child advocates, parents, and communities to apply their knowledge and skills to their immediate surroundings. (Prevention Domain 6)

Current Trends in Nicotine
Laura Searcy, MN, APRN, PPCNP-BC

A recent study of U.S. poison center calls has found that electronic cigarettes have sickened rising numbers of young children and e-cigarettes have surpassed cigarettes as the most commonly used tobacco product by middle school and high school students. Have questions about nicotine? This workshop is for you. This workshop will review the current knowledge of brain development explaining why teens are more susceptible to addiction than adults. This developmental perspective will be applied to reviewing current trends in the use of nicotine. Common misperceptions that lead to a low perception of the potential for harm by parents and policy makers will be discussed. The session will also review the explosion in the use of e-cigarettes by youth, and the lack of regulations preventing youth access to vaping products and implications for prevention of nicotine addiction. (Prevention Domains 2, 5)
Speaker Bios

Jo Cheezem Abney, LPC, CAADC is in private practice in downtown Cumming where she conducts individual, couples and family therapy as well as ASAM Level 1 groups as owner of Professional Recovery Counseling, LLC. She has been on the Georgia Registry for several years as both a Clinical Evaluator and a Treatment Provider. In her experience facilitating IOP Treatment groups, she was on the ground floor at one of the first facilities in the state to offer SMART Recovery peer support meetings in 2009. Since that time, her practice has continuously offered three SMART Recovery meetings a week - free and open to the public. Other experience includes facilitation of DUI and Drug Court groups, Substance Abuse Specialist for the HAMSA program at Jewish Family and Career Services, Georgia-Certified Family Violence Intervention Program facilitator, instructor at the Institute for Clinical & Professional Development of Georgia and a Past President of the Licensed Professional Counselors Association of Georgia.

Lisa Akine has been employed in the addiction field since 1993. She began in abstinence based treatment settings long term inpatient, outpatient, and women’s long term care. After moving to Florida Lisa began serving MAT patients. She found this to be unique and interesting population with specific and challenging needs. Since Lisa is also in recovery she always approached recovery from abstinence based mindset. As she served this population she knew imposing her mindset and idea about recovery could be harmful to her patients. Lisa began to open her heart and mind to a new style and approach to treatment and recovery. Her approach to this new style of living was to allow her patient to teach her about MAT. The impact of on going opiate use were the patients able to become drug free, and was methadone and counseling the appropriate method of treatment for people attempting to discontinue opiates. Over the years she found that patient’s were able to become and remain drug free. Their style of living was very similar to others attempting recovery the only difference was the medication. Lisa has been serving in MAT for the past 10 years. She loves this modality of treatment and the fast pace challenges it brings. Lisa has been asked to serve in many different modalities and areas of treatment but her response has been and will remain, “I love working with this population they challenge me to be a better counselor”. Lisa has been educated at Oral Roberts University and The Pennsylvania State University. She received a Bachelors degree in Criminal Justice. She has been certified as an addiction counselor since 2007. She currently is certified as a CADC II, ICADC, and NCAC II.

Deborah R. Alexander is a Licensed Independent Chemical Dependency Counselor who has designated a lifetime commitment to the advancement of knowledge and skills development for persons in the helping field of chemical dependency-mental health. Deborah has a passion to assist those clinicians who are seeking optimum wellness and holistic healthcare. Deborah currently has a contract with Spectrum Health Systems as a clinician to probationers and parolees.

Jessica Andrews-Wilson is the Executive Director at GUIDE, Inc. in Lawrenceville, GA. Jessica started out as a participant at GUIDE’s summer youth leadership program, Georgia Teen Institute (GTI), served as summer staff for GTI and worked her way up to GTI Director, a role she held for 12 years. Jessica then parlayed her love of planning and implementing youth leadership and professional development events into full time work and became the Director of Training and Capacity Building, wherein she managed contracts and conducted training for both youth and adults throughout the state of Georgia. After a brief stint as Associate Director, Jessica assumed the role of Executive Director in 2014 and now leads a staff of eight who provide training, resources, and technical assistance and conduct prevention campaigns across the state. Jessica’s training skills and expertise are in high demand as she continues to provide professional development and youth leadership events on topics including asset development, cultural competence, youth leadership, positive youth development, media literacy and a variety of other topics in the youth development and prevention fields. Jessica has her Masters degree in Organizational Development and Leadership and is an Internationally Certified Prevention Specialist through the Prevention Credentialing Consortium of Georgia.

Jennifer Angier is a veteran of the behavioral health field. Jennifer has more than two decades of clinical experience. She is currently the Chief Executive Officer of Black Bear Lodge, an 115-bed residential treatment center located in north Georgia. She is a level II national certified addictions counselor and is level II certified with the Georgia Addiction Counseling Association. A nationally recognized expert on addiction treatment techniques, she regularly

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speaks at national conferences, to healthcare, collegiate and paraprofessionals groups and in Employee Assistance Programs (EAP). During her career in addiction treatment, Jennifer has worked in administration, case management, crisis response and in private practice. Before accepting her current position, Jennifer served as executive director of Foundations Atlanta at Roswell, and before that, she was the program director of an assessment stabilization unit. She has also worked as a clinical outreach coordinator for a young adult program. Jennifer earned her Bachelor of Science degree from Georgia State University, graduating summa cum laude, and she completed a master’s in organizational leadership from Mercer University, again graduating with honors.

Mike Angstadt is the Executive Director of Twin Cedars Youth and Family Services, Inc. TCY and FS is private not for profit multi service agency offering programs and services from prevention to residential treatment in Columbus, LaGrange and Macon, GA as well as Auburn and Opelika, AL. Lisa Evans is the Twin Cedars Youth and Family Services, Inc. Training and Team build Coordinator.

Tyrone Bell, MPH, CHES, CP is the Operations Manager and Team Leader at Learn to Grow Inc. He earned a Master’s Degree in Public Health from Morehouse School of Medicine, in the process he also became a Certified Health Education Specialist. Mr. Bell has been heavily involved in prevention research focused eliminating health disparities and achieving health equity. He well versed with expertise in the fields of substance abuse, metabolic syndrome, asthma, diabetes, chronic disease and HIV/AIDS prevention. In addition to his stellar academic career, Mr. Bell has performed at the highest levels professionally. Mr. Bell is an experienced program manager with excellent planning and implementation skills; often managing the implementation of multiple prevention projects from various funding sources. The success of his programs can be seen through partnerships the judicial system, county government, schools systems, colleges/universities and various other stakeholders in Atlanta. Mr. Bell has shown utilizing evidence-based programs and collaborations are the keys to success in order to create a community level change. He is considered a subject matter expert in his field facilitating training sessions and workshops at conferences/forums across the country at venues such as the American Public Health Association Conference, the Community Anti-Drug Coalitions of America National Forum, Georgia School of Addiction Studies, the Annual Georgia Summit on Youth Issues, and the Georgia Public Health Association Conference. In addition Mr. Bell frequently facilitates public health programs for local communities and other professionals in the Metropolitan Atlanta area. Over everything else Mr. Bell is truly dedicated to working in the community. He is responsible for organizing community events throughout the year highlighted by the annual Alcohol Awareness Town Hall Meeting every April. He is a staple at local schools uplifting the youth empowering them to be leaders and agents for change amongst their peers. Mr. Bell dedicates his free time to the community as well volunteering regular outside of his professional work. Beyond shadow of a doubt, Mr. Bell is committed to decreasing community health disparities, providing opportunities for communities through implementing evidence-based strategies and partnering with other health professionals to enhance current prevention programs as well as development new opportunities for populations in need.

Rebecca Blanton is the Project AWARE Coordinator for the Georgia Department of Education. Ms. Blanton has experience in special education, special education administration, and special education compliance. As Project AWARE Coordinator, Ms. Blanton has worked with stakeholders from other state child serving agencies and developed a State Coordination and Integration Plan for mental health services in schools. She is also part of the State Youth Mental Health First Aid training team. Rebecca Blanton is the Project AWARE Coordinator for the Georgia Department of Education. Ms. Blanton has experience in special education, special education administration, and special education compliance. As Project AWARE Coordinator, Ms. Blanton has worked with stakeholders from other state child serving agencies and developed a State Coordination and Integration Plan for mental health services in schools. She is also part of the State Youth Mental Health First Aid training team.

Michael Brandwein (michaelbrandwein.com) has presented in all 50 states and on 6 of the 7 continents. He is an internationally acclaimed expert on working with young people and the varied professionals who teach, lead, and serve them in almost every type of setting. He has written five consecutive best-selling books on training and supervising leaders who work with young people, including Training Terrific Staff Volumes One & Two and his latest book, Skill of the Day: What Great Leaders of Young People Do & Say. Michael wrote and presented three Emmy® award-winning television programs on communicating with young people. He is a frequent keynoter for national, state, and regional associations serving children and families. Michael’s Juris Doctor Degree is from the University of Chicago and he lives with his wife and two sons in the Chicago area.
**John Bringuel, M.A., ICPS**, has been active in individual and community social change since 1986. He currently works for the Council on Alcohol and Drugs and is the Project Director for the Georgia Prescription Drug Abuse Prevention Initiative which is funded by DBHDD/DAD/OPSP. John earned his Bachelor of Arts degree in Psychology from Georgia State University and a Master of Arts degree in Humanistic Psychology from The University of West Georgia. He is a Certified Trainer and Trainer of Trainers through City & Guilds National Center for Professional Certification (NCPC) in London, England and a Qualified Results Based Facilitator (RBF Network). John also holds a unique certification as he is an International Certified Prevention Specialist. Early in John’s social work career he worked for seven years in prevention and treatment of drug addiction and child maltreatment. John has invested the last twenty years building competency in social service providers and the public at large about everything from the “Truth about Drugs” to “How to Keep Your Butt Out Of The Way”. John has an intense interest in promoting healthy living and engaging people in community environmental change related to the safety and well-being of all in the community and especially the youth.

**Jaketra Bryant** is a Licensed professional counselor, and a Relationship Expert, whom specializes in re-establishing and maintaining healthy relationships. Jaketra is a graduate of the University of Alabama and Argosy University. She has worked with various populations providing individual, group and family counseling. Jaketra currently works contracts with collegiate and pro-athletic teams to build stronger relationships to improve team performance and build all around healthy relationships with others. She works from a family systems and DBT approach to provide psycho-education on the correlation of family, environment, and relationships. Jaketra teaches from a holistic approach to her athletic teams; showing the importance of mind and body when it comes to reaching peak performance. Jaketra Bryant has done extensive research on trans-generational trauma and relationships and speaks from state to state sharing this message. As a therapist Jaketra Bryant strives to educate, empower and encourage other professionals through her speaking at various events and workshops. Jaketra excels in research and program development. She has worked with a variety of populations through her career in settings such as: partial hospitalizations, residential treatment centers, state prisons, jails, colleges, and in private practice.

**Kaitlin Burkly** is the Community Outreach Specialist for the Georgia Meth Project. She is responsible for conducting Meth prevention education in schools and in the community while creating and maintaining partnerships throughout Georgia. Before joining the Georgia Prevention Project, she was a Peace Corps Volunteer. She spent two years in Mozambique, Africa working on education and community development projects that emphasized sustainability and community empowerment. She has many years of experience working with teens and young adults, most recently with youth in foster care. A native of Kennesaw, Georgia, Kaitlin earned her undergraduate degree in English from the University of Georgia. She earned her Master’s Degree in Social Work from The Andrew Young School of Policy Studies at Georgia State University with a concentration in Community Partnerships. She is passionate about working with youth and using advocacy efforts and education to strengthen communities. She believes that prevention efforts and changing attitudes about substance abuse will make for a healthier Georgia, where young people can thrive.

**Gary K. Byrd** is President and CEO of the Anger Management Institute and High Impact Training and Counseling. Mr. Byrd received his undergraduate degree from the University of South Carolina and his Master of Education in Guidance and Counseling from West Georgia State University. Mr. Byrd is a Certified Master Addiction Counselor, a Certified Clinical Supervisor, a Certified Grief Specialist, a Certified Anger Management Specialist, and is a Certified Happiness Coach. Mr. Byrd is the author of four participant manuals: Choice-based anger control manual for adults. Mr. Byrd authored treating and counseling pathological gamblers participant workbook and facilitator manual for the State of Georgia.

**Mario Campa** is a native of Southern California. He is presently working at Fleet and Family Support Center at the Naval Air Station in Pensacola, FL. He has over 20 years of service to military families in various locations such as Sicily, Japan and Pensacola, FL. He is a License Clinical Social Worker with a B.A. degree in Ancient and Medieval History, a Master’s degree in Biblical Studies, a Master’s Degree in Pastoral Studies and Master’s Degree in Social Work. He provides presentations on various topics for example “Interpersonal Neurobiology and Social Work Practice at the University of West Florida in Pensacola, FL and “Healing the Angry Brain.” He also gives presentations on the Naval Base and in the Community on ‘Mature Masculinity” helping men recover their emotional life to decrease destructive behaviors such as substance abuse, domestic violence, and increase their self-control, appreciation of relationships, discernment and finding meaning and purpose for their life.
Michael R. Carpenter, PhD, author of Bullying Solutions: Learn to Overcome from Real Case Studies; Setting the Tone: A Connected School Approach to Bully-Free Classrooms; Waging Peace: A Prevention Manual; and Suicide Prevention, Intervention & Post-vention Manual is a violence, drug, bullying, and suicide prevention consultant working in the Atlanta, Georgia area. Michael has worked in public and private schools statewide for the Departments of Education and Human Resources, and consulted throughout the United States and internationally. Dr. Carpenter is a Nationally Certified Bullying Prevention Trainer, National Student Assistance Program Trainer, and Certified in QPR (Question, Persuade, Refer), a nationally recognized suicide prevention program.

Mary Kate C. Chapman currently serves as the Director of Youth Leadership & Engagement. In this capacity, Mary Kate is responsible for oversight of the Youth Advisory Board, customized youth training events and Georgia Teen Institute. As the Director of Georgia Teen Institute (GTI), GUIDE’s annual training for Youth Action Teams across the state, Mary Kate works year-round to oversee technical assistance and support of all YATs, provide training and networking for Adult Advisors and plan and implement all aspects of the summer conference. Mary Kate began her journey with GUIDE when she was 17 years old as a GTI participant. She continued to volunteer and serve as a trainer for GUIDE in various capacities and is now happy to call GUIDE home. Mary Kate is an Internationally Certified Prevention Specialist through the Prevention Credentialing Consortium of Georgia and regularly trains others in the Core Courses required by PCCG. Mary Kate holds a Master of Art in Liberal Studies (English) from Clayton State University and a Bachelor of Science in Communications (Media Studies) from Kennesaw State University. She has presented at local, state and national conferences and is an active member of the National Society of Leadership and Success.

Casey Corbin, BA, CADCII, CCS, CMMI is the author of the book, “CREATE! Expressive Art Therapy for Problem Solving and Getting Past Your Past!” and Meditation audios including one licensed for professionals to use with their clients. A certified addictions counselor for nearly two decades and has worked in all areas of the continuum of substance abuse treatment. And a Certified Medical Meditation and Mindfulness Meditation Instructor. Owns Solutions Counseling Services, private practice counseling and coaching, sells his art, and ministers at Penfield Christian Homes in Alapaha GA. Supervises interns, has been the program director for PHP IOP at a psych hospital in Valdosta GA, and is a sought after workshop instructor on expressive therapies.

Kim Cunninghis is a woman in long-term recovery and like most lives hers has been, and continues to be, filled with change. The most significant being a change from single corporate life to family working life. There have been logistical changes as well. She has moved from Miami, to Atlanta, Orlando, the United Kingdom, Virginia, and back to Atlanta. Spiritual growth is made every day and the steps have been instrumental to her while loving one with Alzheimer’s and dealing with “life on life’s terms.” As a facilitator for a child sexual abuse prevention training, a friend of recovery, life coach, and mom, she can confidently say, “I navigate life’s ugly realities and appreciate its’ beautiful blessings.” Kim lives in Sandy Springs, GA with her husband, two daughters, two dogs, and a cat.

Asha Dickerson is a professor in the Counseling Department at Argosy University Atlanta. She is a National Certified Counselor and a licensed professional counselor in Georgia. Prior to entering academia, Dr. Dickerson served as the family and community service coordinator for Fellowship House, Inc., a private, nonprofit, substance abuse recovery program designed to serve the special needs of individuals who suffer from alcoholism or drug addiction and other mental illnesses. Dr. Dickerson is very active in several community, state and national organizations. Her clinical and academic specialties include social and cultural diversity and counseling addicted families.

Elaine Dilbeck EdD LPC CMHC CTSS CPCS received my BA in Psychology from Piedmont College in Demorest GA -1995, MA from the Pentecostal Seminary in Cleveland, TN - 1999, EdD in Counseling Psychology from Argosy University in Sarasota Fl - 2013. I am pursing a post-doctoral certificate in Clinical Foundations of Trauma. I am a Licensed Professional Counselor with the state of GA and a certified Clinical Supervisor with the LPCA. My dissertation subject-Elderly depression and Suicide. I am certified as a Trauma Service Specialist, Mental Health Counselor, and certified in EMDR. I have worked in the mental health field for more than 10 years. I am currently working in a detention center for women as mental health counselor. I have a wide variety of work experience from working in the GA state prison system to community mental health, including Director of Forensic Services in the Bibb County Jail in Macon, GA. I have experience working in the hospital ERs as part of a crisis team. I currently have over 90 hours in train-
ing in trauma and PTSD including training with Star providers which trains civilian providers to work with active and former active duty military. I developed a passion for trauma while I was obtaining my doctoral degree. At a conference, I attended a workshop of a young woman that shared a story of a young boy that was misdiagnosed as mentally ill when in fact he was suffering from trauma related issues. He was over medicated to the point he could not function. Her words remain with me were to this day, “Make sure of your diagnosis before you treat. It could mean the difference in life or death to someone. Things are not what they appear to be”.

**Dr. John Dyben, DHSC, CAP, CMHP, ICADC,** is the Clinical Director of the Hanley Center at Origins. John’s multi-faceted experience and leadership in the addiction field underscores Hanley Center’s focus on holistic substance abuse treatment. John brings the remarkable skill set of pastor, counselor, clinical manager, teacher and respected expert to his position as Director of Older Adult Treatment Services. John began his career as an ordained minister in a traditional church setting. He went on to work in community-based mental health and wellness fields which included therapeutic and administrative positions with Boys Town USA. His leadership is reflected in national presentations on a broad range of addiction, spirituality, and related topics. He is an adjunct faculty member at Palm Beach State College and a faculty member of the Addiction Professionals Training Institute in West Palm Beach, Florida.

**Shannon Eller** is currently in private practice as the owner of Brighter-Tomorrows Consulting. She is dually licensed as a Licensed Professional Counselor (LPC) and as a Licensed Marriage and Family Therapist (LMFT). She is credentialed as a Certified Professional Clinical Supervisor (CPCS). Currently in private practice as the owner of Brighter Tomorrows Consulting, Shannon provides individual and family counseling services, supervision to rising professionals and paraprofessionals. She also provides Master’s level core education classes in Addictions, Play Therapy, and Marriage and Family Therapy Certification track.

**Dr. Russell Floyd** is the son of Laura and Dave Floyd. Dr. Floyd is a transplant from Philadelphia, PA, who now view Georgia as his home. He started playing chess at 8 years old. Dr. Floyd first job was a teenager was teaching chess at a summer chess day camp. During his undergraduate years at LeMoyne-Owen College in Memphis, TN, chess was used to reward Upward Bound students. Dr. Floyd continued to use chess as enter the Philadelphia School System as a reward system early in his professional career as a teacher. Upon enter the Counseling Profession in 1975 after graduating from Antioch University, he utilized chess as a psychotherapy approach with patients. Upon graduating from Texas A&M University-Commerce, chess continued to function in multiple settings from preschool to graduate school, community based counseling center, private practice, psychiatric hospitals, drug courts and prisons. Dr. Floyd is a Licensed Professional Counselor and a Certified Supervisor of Counseling Professions in GA.

**Janet Fluker, M.S., LPC, CPCS,** is the Director of the Family Recovery Center at MARR, Inc., which provides education, counseling and support for families struggling with addiction. She has extensive training and experience in working with families, couples and children and leads workshops on topics related to family recovery. She is also founder of the International Association of Family Addiction Professionals, an alliance of Family Addiction and Recovery professionals who share information, research and best practices with one another.

**Molly Fraiser** serves as the Alcohol Prevention Project (APP) Coordinator at GUIDE, which involves planning, implementing and evaluating various environmental strategies to prevent underage drinking in South Gwinnett County. Molly also manages the Gwinnett Alcohol Prevention Project - Community Prevention Alliance Workgroup. Molly has worked with GUIDE since 2014. As a part of her role as APP Coordinator, Molly represents GUIDE on several committees of the Gwinnett Coalition for Health and Human Services and attends other community meetings. Molly also serves as the Youth Advisory Board assistant coordinator and provides support for several Gwinnett County Youth Action Teams as it relates to underage drinking and other substance abuse prevention. Molly received her Bachelor’s degree in Social Work from Mississippi College in May 2012 and her Master’s degree in Social Work from Georgia State University in May 2013, and she is a Licensed Master Social Worker. Molly has had various experiences working in the community, including drug prevention, youth development, program development and evaluation, collaboration, advocacy, fundraising and outreach. Outside of GUIDE, Molly enjoys exploring the outdoors, whether that is camping, hiking, walking or traveling. She also practices yoga and appreciates visiting new places and restaurants around Atlanta and Gwinnett.
Ellen Gerstein has been the Executive Director of the Gwinnett Coalition for Health and Human Services since 1991. During her tenure, she founded the Gwinnett Neighborhood Leadership Institute, the Non-Profit CEO Roundtable, the Gwinnett Helpline and the Gwinnett Great Days of Services, all local initiatives that are going strong. The Coalition has been a Drug Free Communities grantee for over 9 years and has also been awarded the STOP Act grant and seven DFC Mentoring grants. Ellen is a well-recognized consultant on coalition-building in Georgia and throughout the Southeast.

Emily Graybill, PhD, NCSP, is a Clinical Assistant Professor in the Center for Leadership in Disability at the School of Public Health at Georgia State University (GSU). Her specific interests include the delivery of training and technical assistance to schools and community agencies related to individualized positive behavior support, evaluating the implementation and sustainability of educational initiatives, and school climate for underserved populations, including youth with disabilities.

Danny Hawkins, NCAC II, CAC II is a National Certified Addiction Counselor, Level II, with over 20 years of experience in Intensive Outpatient, Residential and Inpatient chemical dependency programs. He is currently the Executive Director of GACA. Prior to this he was the Gambling Disorder counselor for View Point Health (formerly GRN CSB). His work roles have included Counselor, Program Coordinator and Administrative Director. He has conducted group and individual counseling sessions as well as educational and family groups with an emphasis on relapse prevention and the 12 Steps. Danny has served on the Boards of Directors of both the Georgia Addiction Counselors Association (GACA) and the Georgia Association of Recovery Residences (GARR) and in 2012 received GARR’s Outstanding Contribution Award.

Erin Holmes is the Director of Traffic Safety at the Foundation for Advancing Alcohol Responsibility (Responsibility.org). She is responsible for managing Responsibility.org’s traffic safety portfolio and partnerships, and is involved in the development of traffic safety and criminal justice policy. In this role, Erin endeavors to translate research into practice and provide thought leadership on impaired driving issues. Prior to joining Responsibility.org in September of 2014, Erin was a Research Scientist at the Traffic Injury Research Foundation (TIRF). During her tenure at TIRF, Erin published more than 40 reports and articles and delivered in excess of 50 presentations internationally on impaired driving, criminal justice system improvements, alcohol monitoring technologies, remedial programs, risk assessment, and drug policy. She also conducted process evaluations, developed online curricula, education programs, and primers. Erin was involved in TIRF’s international symposia series on interlocks and served as the coordinator of the Working Group on DWI System Improvements, a U.S. criminal justice coalition on impaired driving. In addition, she provided NHTSA-funded training and technical assistance to jurisdictions to improve the delivery of interlock programs across the United States. She has extensive professional experience working with practitioners and offender populations. Erin graduated summa cum laude with an Honours degree in Criminology from the University of Ottawa. She subsequently completed a Master’s degree in Criminology from the same institution. Erin is currently a Junior Fellow at the Drug Policy Institute in the College of Medicine at the University of Florida. She routinely serves as National Judicial College faculty on traffic safety issues.

Jeremiah Hopes holds a Master of Science degree in Counseling from the University of North Carolina at Greensboro. He is a professional counselor, keynote speaker, professional trainer, and author. He speaks across the country on topics including ADHD, anger, addictions, diversity and innovative clinical approaches. He excels in designing and implementing creative methods for building rapport with youth considered at risk. He employs innovation combined with traditional theories and models in mental health and substance abuse treatment. In 2005, he founded The Center of Hopes™ a counseling, speaking, and training organization committed to the prevention of juvenile delinquency. Jeremiah has learned that keeping young people off the path of delinquency is a collective effort. Therefore, he offers cutting edge training to parents, professionals, and other partners who work directly or indirectly with youth.

Gina Hutto, LPC, MAC, CCDP-D, CCJP, NCGC-I is currently the Director of Addictive Diseases for View Point Health (formerly GRN Community Service Board). She has worked with View Point Health (VPH) for the past 20 years. Prior to coming to VPH, she worked for 5 years as a Counselor Offender Rehabilitator with the Georgia Department of Corrections. Gina specializes in working with accountability courts, addictions, and the criminal justice population. Gina has a B.A. in Psychology, as well as an M.A. in Education/Community Counseling from the University of Georgia.
Dr. Lewis Kola is passionate about helping suffering people move from a place of pain to a place of health and wholeness. He is a trained and experienced pastoral psychotherapist, a Licensed Professional Counselor, a Licensed Marriage and Family Therapist, a National Certified Counselor, a Master Addiction Counselor. Lewis holds a Doctoral Degree in Pastoral Counseling from Columbia Theological Seminary in Decatur, Georgia. He completed the Master of Divinity degree at Emory University’s Candler School of Theology in Atlanta, Georgia. He has done graduate studies at Vanderbilt University in Nashville, Tennessee, and post graduate studies at Georgia State University. He received his Bachelor of Arts Degree, Magnum Cum Laude, (with double major in theology and psychology). In his counseling and supervisory work, Lewis seeks to create an oasis of respect and safety, where clients and supervisees could experience growth and transformation. Lewis is the Executive Director of a private practice at New Horizons Counseling Center in Norcross, Georgia.

Dr. Greg Jurkovic is a clinical consultant for the Georgia Department of Juvenile Justice helping with program development, training, and supervision. He has a private practice specializing in clinical child and family psychology. He was on the faculty in the Department of Psychology at Georgia State University for 29 years and has published extensively in various areas including juvenile delinquency, trauma, and family therapy. Skiing, woodworking, and fly fishing have been long-time activities.

Mahuli Jakubek serves as the Associate Director at GUIDE. She assists the Executive Director and oversees substance abuse prevention. Mahuli works closely with the Gwinnett Coalition for Health and Human Services and other community partners to implement community-level change strategies (environmental strategies), particularly to reduce and prevent underage drinking, but also addresses tobacco, marijuana and prescription drug misuse. Environmental strategies include things like policy change, public awareness campaigns, new or modified programs, practices and policies that affect an entire community. Mahuli has worked at GUIDE since August 2009. Prior to coming to GUIDE, she worked as the Associate Executive Director at the J. M. Tull - Gwinnett Family YMCA since 1993. She has worked and volunteered in various capacities focusing on community mobilization, collaboration and program development. While at GUIDE, Mahuli created an on-going media campaign, Inspired to Make Healthy Choices, a monthly newsletter focusing on ways individuals can make a positive difference in their lives by making healthier and safer choices. One of the successes has been a partnership with the City of Duluth. The City Council passed a new Alcohol Ordinance in August 2010, which mandated an Alcohol Awareness Training for all owners, servers and sellers of alcoholic beverages. The program was developed in collaboration with the City of Duluth and GUIDE. This program has trained over 1,800 participants and continues to make the City of Duluth a safer community. This is the first municipality in Gwinnett that has mandated alcohol training and also permits all of the handlers of alcohol in grocery and drug stores. Mahuli serves on a number of community committees such as the Gwinnett Coalition for Health and Human Services Team Management and Research and Accountability Committees; Governor’s Red Ribbon Week Committee; and CHISPAS (a Latino Alcohol and Drug Prevention Coalition). She is a Certified Preventionist through the Prevention Credentialing Consortium of Georgia. Mahuli was a member of the 1999 Leadership Gwinnett Class and is currently volunteering in her 14th year as a member of the Leadership Gwinnett Program Study Group facilitators. Mahuli earned her Bachelor’s of Science and Master’s in Exercise Physiology from University of Tennessee. Mahuli loves to travel, read, watch movies and be out in nature.

Ed Johnson obtained a Bachelor’s Degree from Auburn University and a Master’s Degree in Clinical Counseling from the Citadel. Since March 2010, Ed has been the Carolinas and Kentucky Program Manager for the Southeast Addiction Technology Transfer Center (Southeast ATTC) located at the National Center for Primary Care, Morehouse School of Medicine in Atlanta. For the previous twenty years, he held various clinical positions at Charleston Center (Charleston County Department of Alcohol and Other Drug Abuse Services). Starting in November 1999 he served as Program Administrator for the Opioid Treatment Program and Infectious Disease Service at Charleston Center. He has provided numerous trainings in the Southeast on Recovery-Oriented Systems of Care, Professional Ethics, HIV / Addiction, Opioid Use Disorders / Treatment and issues related to Lesbian, Gay, Bisexual and Transgender (LGBT) Individuals and Addiction and Clinical Supervision He is currently credentialed / licensed as a Master Addiction Counselor (MAC), a Certified Addictions Counselor (CACII), and a Licensed Professional Counselor (LPC).

She is a National Certified Gambling Counselor, Level I. She is one of the three counselors in Georgia that currently hold a national gambling certification.

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Girish Kumar Krishnan, MS, LAPC, NCC, is a graduate of Clinical Mental Health Counseling at Georgia State University and he is a National Certified Counselor. He has an undergraduate degree from Georgia State University in Psychology and minor in Biology. His areas of interest include but are not limited to; Anxiety and Stress Management, Acculturation and Immigration Issues, Depression, Substance Addictions, Internet and Gaming, Pornography Abuse/Addiction, Spirituality, Logotherapy, Cognitive Behavioral Therapy, Mindfulness Meditation, and Neuroscience. Kumar has a deep interest in the intersection of media technology, neuroscience, and stress/anxiety/depression/addiction. Kumar utilizes education on the biology of the mind and the body as tools to understand the self and to move toward authentic self. His counseling style is closely aligned with the existential school.

Richard Lucey, Jr. is a prevention program manager in the Drug Enforcement Administration’s Office of Congressional and Public Affairs (Community Outreach and Prevention Support Section). In his role, Rich plans and executes educational and public information programs, evaluates program goals and outcomes, and serves as a policy and program advisor to the Section Chief and other DEA officials on drug abuse prevention and education programs. Rich formerly served as the special assistant to the director for the Center for Substance Abuse Prevention in the Substance Abuse and Mental Health Services Administration. In that role, Rich advised the director on policies and programs designed specifically to support the prevention of alcohol and drug abuse on a national basis, and advised the director on the Center’s efforts to prevent substance abuse and mental illness among college students. Rich also formerly worked as an education program specialist in the U.S. Department of Education’s Office of Safe and Drug-Free Schools. As the team leader for higher education initiatives, he was responsible for communicating the principles around evidence-based drug abuse and violence prevention strategies in higher education.

Chris Ly is the current Program Manager of the after school high school youth development program Community Action for Teens (CAT). He has been with the Center for Pan Asian Community Services, Inc. (CPACS) for over 10 years empowering high school youth in the community through leadership training, academic tutoring, prevention, and service learning. Chris has been apart of the substance abuse prevention coalition GATE (Georgia Team Empowerment) since the inception and has integrated his work in prevention with the powerful work he's doing with youth.

Adan Madrigal serves as the Director of Training & Capacity Building at GUIDE Inc. Prior to moving to Georgia, Adan lived in Toledo, Ohio where he began working in prevention in 1997, where he developed his passion for working with youth and families. He has worked in Community Education a Program Coordinator, Training Facilitator, Motivational Speaker, Media Campaign Developer, Home Visitor, Conference Planner and Event Organizer. He graduated from Spring Arbor University with a Bachelor of Arts degree in Family Life Education and has gained a multitude of experiences throughout his career. He lives by the motto, “Make things happen so things can happen.”

Dr. Pierluigi Mancini who is of Colombian and Italian descent, has been helping people in Georgia recover from mental illness and addiction since 1985. With degrees in psychology and business, and his personal experience as a person in long term recovery from addiction, Dr. Mancini has directed his energies to helping the Latino community understand and seek help for these devastating illnesses through direct counseling services and through prevention and education programs since 1999. Dr. Mancini is the founder and Chief Executive Officer of CETPA, a nonprofit organization to providing evidenced-based, cultural and linguistically appropriate substance abuse, mental health counseling and prevention services with priority to the Latino community. CETPA is the only Latino behavioral health agency in Georgia to earn state licensing and national accreditation for providing integrated behavioral health services in English, Spanish and Portuguese. Currently Dr. Mancini is overseeing CETPA's implementation of several new projects including Open Access, Tele Behavioral Health, Statewide Underage Drinking, Suicide Prevention and Prescription Drug Prevention. Dr. Mancini serves on Board of Directors of the Georgia Council on Substance Abuse, Mental Health America of Georgia, Healthcare Georgia Foundation, and the National Association of Mental Health Planning and Advisory Councils. He is the President of the Board of the National Latino Behavioral Health Association and was recently named to The National Hispanic and Latino Addiction Technology Transfer Center Advisory Council. Dr. Mancini has been honored with the National Latina/o Psychological Association Star Vega Distinguished Service Award; the National Council of La Raza - Helen Rodriguez-Trias Award for Health; the Hispanic Health Coalition Salud Hispana Award; the NAACP Gwinnett - Health Services Award and the Mental Health America “Heroes in the Fight” Award among others.

2016
Delia Mendez is currently a junior at Cross Keys High School. She has been apart of the CAT program since her freshmen year and is the current Communications Chair. She is a dedicated member who has run workshops with VOX ATL, spoken to legislatures and senators, and has completed over 100 hours of leadership training. Delia is an integral member to our team and hopes to pass on information, tools, and first hand experiences to help with youth engagement.

Kenneth Minkoff, M.D. is a board-certified psychiatrist with a certificate of additional qualifications in addiction psychiatry; a dedicated community psychiatrist, and currently is a clinical assistant professor of psychiatry at Harvard Medical School and a senior systems consultant for ZiaPartners in San Rafael, CA. He is recognized as one of the nation's leading experts on recovery oriented integrated services for individuals and families with co-occurring mental health, substance use, and health conditions, plus other complex needs (trauma, housing, legal, disability, parenting, etc.), and on the development of welcoming, recovery oriented integrated systems of care for such individuals, through the implementation of a national consensus best practice model for systems design: the Comprehensive Continuous Integrated System of Care (CCISC). In addition, Dr. Minkoff is a member of the Board of Directors of the American Association of Community Psychiatrists (AACP), and is chair of the Health Care Policy Committee. He has published numerous articles and book chapters on CCISC, integrated services, and co-occurring conditions. He also is well-known for his expertise in public managed behavioral health care, and co-edited, with David Pollack, MD, “Managed Mental Health Care in the Public Sector: A Survival Manual”. Dr. Minkoff's major professional activity is the provision of training and consultation on recovery oriented clinical services and systems design for individuals and families with mental health, substance use, and medical disorders, along with other co-occurring conditions, helping organizations and systems to become welcoming, recovery-oriented, and co-occurring or complexity capable. With his consulting partner, Christie A. Cline, MD, MBA (former Medical Director for the Behavioral Health Services Division of the New Mexico Department of Health), Dr. Minkoff has developed a systems change toolkit for CCISC implementation with application for systems, agencies, programs, and clinicians. (www.ziapartners.com). Dr. Minkoff and/or Dr. Cline are currently providing (or have provided) consultation for CCISC implementation in over 35 states, 4 Canadian provinces, and 3 Australian states, working with every aspect of state level systems, county level systems, tribal entities, and providers of all types.

Pamela Morgan is a Certified Addiction Counselor certified by the Michigan Certification Board of Addiction Professionals (MCBAP). She has a Bachelor Degree in Human Services, Master Degree in Business Administration. Morgan is owner of Key Insights, LLC, a training and consulting agency. Key Insights, LLC is an approved provider with the Michigan Certification Board of Addiction Professionals, providing credits towards initial and renewal certifications for professionals. She has worked in Human Services since 1993, has developed and facilitated professional development training locally and nationally for counselors, social workers, probation officers, and administrative staff, since 2000 and is known for her unique topics and interactive training style. Morgan offers a wealth of personal insight as well as professional experience for addressing various issues and enhancing professional development and performance.

Angelic Muhammad, Ph.D. Candidate has earned her Bachelor’s degree in Psychology at the University of Findlay with a Minor in Communication Entrepreneur. She continued her education by gaining her Master’s degree in Mental Health Counseling at Capella University. Muhammad is also a Certified Professional Life Coaching & Energy Leadership Index-Masters Practitioner. Currently, she is continuing her education at The Chicago School of Professional Psychology specializing in International Psychology with a specialty in trauma. She has been known to give motivating, inspiring, combined with humor, speeches as she enjoys empowering the community at large. Ms. Muhammad has had the pleasure of presenting in San Paulo, Brasil, on ways to enhance the communication between the doctors and staff at Hospital de Santa Marcelina by creating a project which would assist with engaging a much more positive working atmosphere between the two professions. She has also spoken at other domestic venues such as the University of Findlay, Findlay, OH (Understanding Self through Struggles & Leadership and Diversity). Association for the Promotion of Campus Activities Conference, New York, New York (Resolving Emotional Conflict) Wilson Women College, Pennsylvania, VA (Conflict in a Community of Women). Resolving Emotional Conflict for professionals (LPCA CE Certified), McDonough, GA. Bethlehem Elementary, McDonough, GA (We need our fathers.) Her next big project is to conduct an adaptation of the therapy ‘Expressive Therapies Continuum Model” for the Safe Parks in Lusaka, Zambia Africa for children who have experienced trauma.
Michael Nerney is a consultant in substance abuse prevention and education, with over thirty years’ experience in the field. As the former Director of the Training Institute of Narcotic and Drug Research, Inc. (NDRI), his responsibilities included the management of a statewide training system which delivered more than 450 training programs to substance abuse treatment and prevention professionals annually. Mr. Nerney’s particular areas of expertise include Psycho-pharmacology, Adolescent Chemical Dependency, Relapse Prevention, Gender Differences in Communication, and Managing Violent Incidents. He is an internationally known lecturer, and has served as consultant to a number of federal and state agencies. He has been a consultant for two of the major television networks and has appeared on the ABC program “20/20.”

Dr. Cardwell C. Nuckols is described as “one of the most influential clinical and spiritual trainers in North America.” He has served the behavioral medicine field for almost 40 years and for the last 20 years is considered one of the leading experts in the world on addiction and recovery. Dr. Nuckols is widely published, having authored more than 60 journal articles, 30 books and workbooks, 50 DVDs, CDs and videos, and 25 audiotape series. His latest book entitled Finding Freedom Through Illumination: Realizing Christ Consciousness was released in May of 2014. His previous publication is a best seller entitled The Ego-Less SELF: Achieving Peace and Tranquility Beyond All Understanding. Dr. Nuckols’ first book Cocaine: Dependency to Recovery is also a trade best seller, as are, his booklets Quitting Heroin, Quitting Alcohol and Quitting Marijuana. He is the author of the book Healing an Angry Heart (HCI) and video Chalk Talk on Drugs with Father Martin. Dr. Nuckols’ background includes advanced work in such areas as medical research, pharmacology, neurobiology and psychology. His personal spiritual path has involved studies into various spiritual traditions predominately early Contemplative Christianity.

Dannette Patterson is a native of Savannah, Georgia. She received a bachelor of science degree in Workforce Education Training and Development from Southern Illinois University at Carbondale and master’s degree in Counseling from Webster University. She is currently a doctoral candidate in Counselor Education and Supervision at Argosy University Atlanta. Ms. Patterson is a National Certified Counselor (NCC), Certified Clinical Mental Health Counselor (CCMHC) and Choice Theory Reality Therapy Certified (CTRTC). She provides counseling services to active duty military and their family members. Her research interest includes multicultural awareness, religion/spirituality, adult attachment and the unique needs of the military population.

Doug Paul, LPC has been working on the field of substance use disorders since 2007. He completed his undergraduate work at University of Central Florida. He completed a Master of Science in Rehabilitation Counseling from Georgia State University in 2007. As a Case Manager for Talbott Recovery from 2007-2014, he took a leadership role with development of the Young Adult program. Taking a position in 2014 with Foundations Recovery Network in Roswell, GA, he continues to assist those suffering with addictive disorders with reaching sustained and meaningful recovery through therapy and education. Doug continues to practice his own recovery program over the last 16 years.

Marc Pimsler works with ACTS consulting in providing state of the art trainings for those seeking initial and recertification as an addiction counselor. He also maintains a private practice where he serves those individually in need of substance abuse counseling. As a gifted counselor, he was recognized as the 2010 State of Georgia’s GACA (Georgia Addiction Counselors Association) New Counselor of the year. He is certified as a national addictions counselor, certified clinical supervisor, certified yoga and meditation teacher, and is also an Advanced Certified Relapse Prevention Specialist. Marc is passionate about recovery both his own as well as his clients’, believing that sometimes all we need is a helping hand and a fresh perspective. Grounded in the belief system that everyone has the capacity to recover, Marc brings humor and spirituality to everything he is involved in.

Dr. Drew Pinsky is a practicing physician, Board Certified in Internal Medicine, Board Certified in Addiction Medicine. Pinsky is also Assistant Clinical Professor of Psychiatry at the Keck USC School of Medicine. Pinsky starred in the hit reality series Celebrity Rehab with Dr. Drew which chronicled the struggle for sobriety and the cycle of addictive disorders of a group of celebrities. The sixth installment of the series Rehab with Dr. Drew followed the real-life experiences of everyday people who are struggling with addiction as they undergo detoxification and treatment. In December 2010 Dr. Drew Pinsky joined HLN as the host of his own nightly show Dr. Drew On Call where he continues to attract audiences and explores what makes people do what they do. Additionally, Pinsky hosts the Dr. Drew Podcast, which is currently the #1 health podcast on iTunes. Dr. Drew also co-hosts the Adam and Dr. Drew Podcast with his
Cathy Robinson Pickett has been named a National Point of Light, by President George Bush and recognized by countless organizations and media outlets. As a former Loveline co-host Adam Carolla. Most recently, Dr. Drew began hosting KABC’s Dr. Drew Live Midday with Mike Catherwood which officially launched January 2015. Pinsky is the author of the New York Times bestseller The Mirror Effect: How Celebrity Narcissism is Seducing America (Harper-Collins) and Cracked: Putting Broken Lives Together Again (Harper-Collins). Dr. Drew co-authored the first academic study on celebrities and narcissism. The study was published in the Journal of Research in Personality (Elsevier) and received worldwide press coverage. Dr. Pinsky received his undergraduate degree from Amherst College and his M.D. from the University of Southern California, School of Medicine, where he remained for his residency. Pinsky then became chief resident at Huntington Hospital in Pasadena. He is a diplomate of the American Board of Addiction Medicine and the American Board of Internal Medicine. He has been appointed to the Alpha Omega Alpha Honor Medical Society and is a Fellow with the American College of Physicians (FACP). Dr. Drew is also a member of the board for the Prostate Cancer Foundation. Pinsky lives in Pasadena, California with his wife Susan and has triplets attending various universities.

Sandy Queen has been a presenter at Schools of Alcohol and Drug Studies for the past thirty five years, helping clinicians take a different look at many of the phases of prevention, treatment and recovery. Sandy has worked with young people and adults around the world and throughout the US for the past 40 years and is the 2012 winner of the prestigious Halbert Dunn Award, presented by the National Wellness Institute to the outstanding wellness practitioner. She is known for her ability to bring humor and joy into even the most serious topics. Because of her broad range of experience, Sandy brings a global perspective to her presentations with an insight into the cultural, social and emotional impacts of issues that individuals and their families experience.

Katherine Raczynski, Ph.D., director of the Safe and Welcoming Schools Project (University of Georgia-UGA), has worked with schools, students, and families to prevent bullying and improve school climate for nearly 15 years. An active researcher, her work emphasizes the importance of prevention.

Torry Reid is a seventeen year person in long term recovery. Torry is from a poor working class background, born and raised in Atlanta Georgia. She self identifies as a Transgendered Lesbian. Torry has five years of experience in the treatment field, specializing in safe and affirming treatment for the LGBT community, Women and People of Color. Currently she facilitates Family Violence groups for Batterers as well as Treatment & Recovery groups at Angels Recovery, Inc. She sits on the Conference Planning Committee of the Alcohol & Drug Abuse Certification Board of Georgia (ADACB-GA).

Jenni Roberson is director, communications and media relations for the Consumer Healthcare Products Association (CHPA.) CHPA is the 135-year-old national trade association representing the leading manufacturers and marketers of over-the-counter (OTC) medicines and dietary supplements. In her role, Jenni oversees CHPA’s Stop Medicine Abuse campaign to prevent teen abuse of OTC medicines containing dextromethorphan (DXM).

Dr. Lucy Roberts-Cannon is the CEO/Owner of LEJ Behavioral Health Services, LLC (Consulting and Training business) in Metropolitan Atlanta, Georgia. She is a Visiting Professor at DeVry University in Stockbridge, Georgia and an Adjunct Professor at Clark Atlanta University, Atlanta, Ga. She teaches undergraduate and graduate students in the business and mental health fields. She serves as a Consultant for the Department of the Navy Reserve and is very instrumental in helping our returning soldiers and family members with connecting to mental health and substance abuse services. She currently serves as the Chief Executive Officer of the Georgia School of Addiction Studies Board and she is also a member of the Southeastern Institute for Chemical Dependency Board of Directors. She is a Licensed Clinical Social Worker in the states of Georgia and Alabama. She also has a Co-Occurring Disorders Professional-Diplomate Certification (CCDP-D). She has worked in inpatient and outpatient mental health and substance abuse settings in the states of Kentucky, Indiana, Alabama, Camp Zama, Japan, Arkansas, and Georgia. She has managed various mental health programs in Alabama, Georgia, and Indiana. She has served on various hospital committees and served on various task forces to improve the lives of consumers with mental illnesses and substance abuse disorders. She is an advocate for consumers with co-occurring disorders. She is very committed to educating and training paraprofessional and mental health professionals in the addiction and mental health fields.

Cathy Robinson Pickett is an internationally recognized motivational and inspirational educator. She has been named a National Point of Light, by President George Bush and recognized by countless organizations and media out-

PREVENTION, TREATMENT, AND RECOVERY
Laura Searcy is a Pediatric Nurse Practitioner with over 20 years of experience in clinical practice, health policy and advocacy with a focus on primary care, child and adolescent injury prevention, substance abuse prevention and government affairs. She earned her Bachelor’s Degree in Nursing from the University of Florida, and her Masters in Child Health and Pediatric Nurse Practitioner degree from Emory University in Atlanta GA. She currently provides hospital based newborn care with Marietta Neonatology in Marietta, GA. Ms. Searcy is currently the President and past chair of the Health Policy Committee of the National Association of Pediatric Nurse Practitioners (NAPNAP). She is a past participant in the Nurse in Washington internship program, and a member of the American Association of Nurse Practitioners (AANP). She was selected as the recipient of the 2014 AANP Nurse Practitioner State Award for Excellence from Georgia. Ms. Searcy is the co-founder of the Georgia Coalition of Advanced Practice Registered Nurses and currently serves as the Coalition’s Health Policy Director. She is a Charter Member of the Board and has served on the board for over 20 years.

Catherine Rosborough, M.Ed., is a professional counselor, recovery coach and recovery advocate in Cumming, Georgia. She began her counseling career in 2002 working in Community Mental Health. In 2014, as part of her own recovery, she began facilitating SMART Recovery meetings and working as a counselor for individuals and families recovering from substance use disorders. Her passion is recovery advocacy and she is currently working in her local recovery community to establish a foundation and private practice focused on recovery support services. She is also co-owner of a restaurant in the greater Atlanta area, mother of 7 children and an avid scuba diver. She loves long walks on the beach, blissfully holding hands with some hot guy (as of yet invisible) and sipping on pina coladas - virgin, of course - while wearing crisp, white linen britches at sunset.

Sheldon L. Rosenzweig MA, LPC-S .CCS (IC&RC), currently maintains a private practice in Tuscaloosa, Al with an emphasis on jail based treatment assessments and providing supervision to LPC candidates. Mr. Rosenzweig has been a program director and acting Clinical Director at the Indian Rivers mental Health Center in Tuscaloosa, Alabama. Mr. Rosenzweig’s professional travels have included many states in the Us as well as Sweden, Israel, Bermuda and Argentina. For 23 years Mr. Rosenzweig was the Alabama delegate to the IC&RC. When given the chance Mr. Rosenzweig can be found enjoying the bounty that is New Orleans or indulging in the pleasure of a baseball game.

Ari Russell, ICPS, is a prevention consultant and trainer with A&E Consulting. She served as the Executive Director of GUIDE, Inc. for over 28 years. During that time, she worked extensively on community-level change strategies to reduce youth substance use and founded the Georgia Teen Institute. As an active partner with the Gwinnett Coalition, she served as a member of the Executive Committee and the Strategic Planning Management Team for over 20 years and co-authored ten federal grants on its behalf that were all funded. She is an Internationally Certified Prevention Specialist by IC&RC and the GA Prevention Credentialing Consortium.

Mark Sanders, LCSW, CADC, is an international speaker in the behavioral health field whose presentations have reached thousands throughout the United States, Europe, Canada, and the Caribbean Islands. He is co-author of Recovery Management and author of Relationship Detox: How to Have Healthy Relationships in Recovery. He has had two stories published in the New York Times best-selling book series, Chicken Soup for the Soul. His most recent book is entitled, Slipping through the Cracks: Intervention Strategies for Clients with Multiple Addictions and Disorders. He is a lecturer at the University of Chicago.

Laura Searcy
Executive Board of the Cobb Community Coalition to prevent Substance Abuse (CCAPSA). CCAPSA, formerly the Cobb Alcohol Task Force has a long history of successfully implementing policy, law enforcement and education goals based on prevention best practices. She has is a frequent presenter and at the local, state and national level on alcohol, tobacco and teen addiction prevention topics.

Jim Seckman, MAC, CACII, CCS, has over 25 years experience working in the field of addiction treatment in a variety of clinical settings, including inpatient, outpatient and residential. He is currently the CEO of MARR, Inc. He has served as Clinical Director of MARR, the Executive Director of Breakthru House, Coordinator for Addiction Services at Emory University Hospital, Clinical Coordinator for SAFE Recovery Systems, the President of the Georgia Association of Recovery Residences, and on the GACA Ethics Committee. Jim’s goal for training is to equip counselors with the insight, knowledge, and skills necessary to provide the best possible services to their clients.

Carl Shantzis earned his doctoral degree from Syracuse University while serving on the teaching faculty. There, he led the development of the University’s substance abuse programs, services and policies. Dr. Shantzis came to the University of North Carolina at Charlotte to teach & coordinate the graduate/undergraduate programs in Health Education. From UNC Charlotte he went on to serve as the Executive Director of The Drug Education Center Inc., located in Charlotte, NC. During his tenure Carl served as both a delegate to and in leadership positions of the International Certification and Reciprocity Consortium. He is a founding member of the New York State Federation of Professional Health Educators and North Carolina Substance Abuse Professional Practices Board. After more than a decade of success as an Executive Director, Dr. Shantzis went on to form SYNERGISTIC EFFECTS, which provides needs assessment, evaluation, consultation & training.

Melinda Shealey serves as GUIDE’s Training Coordinator. In this capacity, Melinda provides support for various training events including several multi-day conferences. Melinda arranges and manages on-site logistics including meals, materials, set-up and registration. She provides input for training contracts, negotiations and meetings; recruits workshop keynote and plenary speakers; and completes several other behind-the-scenes tasks associated with training events. Melinda first got involved with GUIDE by attending the “Think Outside the Box” Conference. Melinda has also come to Georgia Teen Institute (GTI) as an Adult Advisor with the Barrow Youth Action Team and has served GUIDE as a volunteer for GTI and several training events over the years. Previously, Melinda worked for a non-profit specializing in school dropout prevention. She coordinated and facilitated the provision of appropriate community resources to identify students to help them stay in school and graduate. She also encouraged parent/caretaker involvement in the educational process of their student and provided individualized support to students and families.

Melinda’s formal education is in nursing.

Diane Sherman, Ph.D., CEO ACTS Consulting, National Certified Addiction Counselor and national trainer. Her doctorate degree is in the specialization of Industrial / Organizational Psychology. She has worked in the social services profession since 1975. Dr. Sherman’s career started in the United States Army where she proudly served her country for 15 years as a Behavioral Science Specialist. She entered the private sector in 1991 and she started ACTS Consulting International, Inc. Since 1991, she has consulted with hundreds of companies - private and non-profit - throughout the United States and internationally in Germany and Panama. Her newest venture is in Costa Rica where she provides consultation, coaching and training at Villas Congas.

Davine Sparks, PhD, LCSW, is a dedicated and enthusiastic leader with over 25 years of experience in teaching, planning, developing and implementing behavioral healthcare systems (mental health, substance abuse and co-occurring disorders) in multimillion dollar complex public and private sector organizations. Her primary responsibilities include project management and evaluation of comprehensive program designs, teaching in higher education, human resource management, development and implementation of policies and procedures, budgetary responsibilities, staff training, providing direct clinical services, supervision and facility administration. Her background includes extensive experience in effectively interfacing with local, state and federal elected officials and other community leaders. She provides coaching, teaching and guidance to local, state, and national organizations in helping them to successfully achieve national accreditation. Over the past 15 years she has served as a CARF Administrative and Program Surveyor and Consultant in ensuring organizations conform to best practice standards. She has also participated in ensuring JCAHO accreditation in organizations. In addition, as a Certified John Maxwell Coach, Teacher, Mentor and
Sarah Stokes has volunteered and worked in various capacities with community mobilization, youth development and substance abuse prevention since her first year at the Georgia Teen Institute in 2007. She joined the GUIDE staff in 2013. Sarah graduated from Western Carolina University in May 2013 with a Bachelor of Social Work degree. As a part of her role as Program Coordinator at GUIDE, she serves as the Assistant Director of Georgia Teen Institute. Sarah provides technical assistance to Youth Action Teams, serves as youth staff liaison and develops the curriculum for Team Meetings and Family Groups. Sarah is also the GUIDE Youth Advisory Board coordinator, which includes coordinating monthly meetings, prevention projects and community events. Sarah represents the Youth Advisory Board on the Board of Directors of the Gwinnett Coalition for Health and Human Services and in the Gwinnett Alcohol Prevention Project - Community Prevention Alliance Workgroup.

Susanah Stone is a licensed Clinical Social Worker with certification as a Clinical Advance Alcohol and Drug Counselor and Co-Occurring Disorder Professional - Diplomat. Susanah has 30 years of experience working in the field of mental health and addictive disorders. She has worked in various roles such as a Therapist, Clinical Director and Program Director in a variety of inpatient and outpatient treatment modalities and school setting with adults and adolescents. Susanah has also volunteered at the Georgia Crisis Intervention Team Training Program providing training on mental health, substance abuse, de-escalation techniques and crisis intervention skills to Georgia Peace Officers. Susanah is also an educator and currently works as an Adjunct Professor teaching Psychology courses.

Moumita Sutar is currently a freshman at Chamblee Charter High School. She joined CAT hoping to enhance her leadership skills and found an organization to guide her. She is a stand-out leader in our program as a freshman always willing to learn more. Moumita sees the bigger issue in our community with the substance abuse and the need for more youth leaders. She hopes to help those in need of more assistance with developing youth in their community!

Marie Sutton is the principal for Imagine Hope, Incorporated, a consulting firm that provides program management, training, and communication support to clients in the arena of behavioral and public health. Under Sutton’s leadership, Imagine Hope manages Georgia’s HIV Early Intervention Services (EIS) program for the Department of Behavioral Health and Developmental Disabilities / Office of Addictive Diseases. The firm provides technical assistance to a network of EIS counselors based in 36 substance abuse treatment centers throughout Georgia. During state fiscal year 2015, this group of counselors conducted 13,058 HIV tests. Additionally, Imagine Hope has provided consultation and training for SAMHSA, Emory School of Medicine, Maya Tech Corporation and JBS International. Most recently, Sutton spearheaded the launch of a pilot hepatitis C testing program in 10 Georgia substance abuse treatment centers targeting IDUs. Working in the field of human services for 30 years - primarily in the areas of substance use and infectious disease - Marie has run a 52-bed addiction treatment center, founded a youth drop-in center in one of Atlanta’s under-served neighborhoods, and led a series of focus groups that helped define prevention messages for pregnant women. She is familiar with the challenges faced by diverse populations including substance users, disenfranchised women, men who have sex with men, minority youth, homeless populations, and those infected with HIV and Hepatitis C. Drawing on firsthand knowledge of every level of service - from front line counselor to program conception and management - she brings a uniquely holistic perspective to her vision and leadership. Ms. Sutton holds a national certification as an addictions counselor and is a certified clinical supervisor.

Elizabeth Toledo currently serves as the Ethics Chair for the Alcohol and Drug Abuse Certification Board of Georgia as well as Clinical Supervisor at Angels Recovery and Stars Inc. In Jonesboro, GA. Ms. Toledo, has extensive experience in providing services for Latinos and other communities of color, as well as the LGBT community, women and youth. Ms. Toledo is a nationally renowned presenter on topics ranging from LGBT treatment and Trauma issues. In her private practice, she specializes in Trauma treatment and has collaborated with many organizations needing services for their Latino clients, i.e., Partnership Against Domestic Violence, Another Chance, Narcotics Anonymous, Alcoholics Anonymous, I20 Club house and many others. Ms. Toledo developed “Mujeres Anonimas” a 12 step program for Latina women and their family. She sits on several boards and committees to enhance and improve treatment outcomes in Georgia and Nationally.
Phillip Valentine is the Executive Director for the Connecticut Community for Addiction Recovery (CCAR). He has been an integral component in this Recovery Community Organization since January 1999. An accomplished author, trainer and presenter, Phil has gained recognition as a strong leader in the recovery community; in 2006 the Johnson Institute recognized his efforts with an America Honors Recovery award. In 2008, Faces and Voices of Recovery honored CCAR with the first Joel Hernandez Voice of the Recovery Community Award as the outstanding recovery community organization in the country. In 2009, the Hartford Business Journal named him the Non-Profit Executive of the Year. He appears in the documentary “The Anonymous People”, a ground-breaking video that CCAR had the privilege of supporting. In 2015, Phil completed a thruhike of the Appalachian Trail, a journey of 2,189 miles, carrying the message of recovery the entire way (#AT4Recovery). In recovery since December 28, 1987, Phil is the author of “Hooked on Recovery”, a blog that has informed the general public about his personal recovery process. Phil believes that being public about his own recovery from alcohol and cocaine addiction helps ease the discrimination surrounding addiction and recovery. He strives to “soften the community” to recovery. A University of Connecticut graduate, he worked experience as a community counselor in a detox/residential treatment setting and in the field of prevention. He is married and has five children. His favorite hobbies are hiking, kayak and surf fishing, golf and movies.

Cheryl Varnadoe has been an Extension 4-H Specialist with the University of Georgia and Georgia 4-H for the past 20 years. One of her many responsibilities is developing and leading programming for Georgia 4-H related to healthy living including social and emotional health as well as prevention.

Rick Voyles is the father and step-father to six young women and one very intelligent grand-daughter (age 9). He is a published author, business coach and entrepreneur. Rick is a highly sought after executive and business coach, speaker and trainer in the areas of Conflict Management, Organizational Performance and Leadership Development. He travels internationally, helping build teams and organizations. His book “Understanding Conflict: What are we fighting for?” has received high praise for its positive impact on building healthy personal and professional relationships, as well as productive and effective leaders.

Stephanie Voyles is a certified substance abuse prevention specialist. After graduating from Georgia State University with a BA in Managerial Sciences, she found her calling in substance abuse prevention and spent four years with Mothers Against Drunk Driving as a Youth Program Specialist. Interfacing with law enforcement, schools, after-school programs, churches, parents and prevention coalitions throughout Georgia, Stephanie wanted to be a part of a bigger picture in substance abuse prevention. She met her husband and moved to Savannah and took an international job with FCD, a subsidiary of the Hazelden Betty Ford Foundation. At FCD, Stephanie gets to mix her two passions: substance abuse prevention and travel. As a Certified Preventionist, Stephanie is also a certified Prime for Life facilitator and small business owner of Allied Learning Center, a DUI/Risk Reduction Program assisting DUI and other drug of-
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